

# SUMMARY REPORT

OF CHILD ABUSE AT CHRISTIAN ACADEMY IN JAPAN (CAJ)

TELIOS LAW PLLC



### **CONTENTS**

INTRODUCTION	01.
INVESTIGATIVE PROCESS AND COMPONENTS	04.
DEFINITIONS AND STANDARDS	09.
SOURCES OF INFORMATION	18.
HISTORY AND CULTURE OF CAJ	20.
CAJ AND A CULTURE OF CHILD PROTECT	26.
TRAUMA FROM ABUSE OR BOARDING SITUATION	32.
INVESTIGATIVE FINDINGS	33.
POSSIBLE CONTRIBUTING FACTORS TO CHILD ABUSE AT CAJ	40.
CURRENT POLICIES AND MOVING FORWARD	44.
FOOTNOTES	49.
IMAGE CREDITS	50.
APPENDIX 1: SPONSORING ORGANIZATION APOLOGIES	52.
APPENDIX 2: SUMMARY STATEMENT FROM THE CAJ ABUSE SURVIVORS SUPPORT GROUP	59.
APPENDIX 3: WHEN CHILDREN MUST LEARN TO LIVE WITHOUT LOVE	69.



### I. INTRODUCTION

This investigation examined historic allegations of historical child abuse at Christian Academy in Japan (CAJ). This included allegations of physical abuse, sexual abuse, emotional abuse, child-on-child abuse, and leadership culpability from CAJ's founding in 1950 until its implementation of revised child protection policies in 2002.

This public Report summarizes the findings of the Investigative Team. Due to the standards governing a private historical investigation, names of victim/survivors (V/S) and those culpable are not shared in this document.

### A. BACKGROUND AND ORIGINS OF THIS INVESTIGATION

In the Fall of 2017, a CAJ alumnus posted on a Facebook page known as "CAJ Flashbacks," a closed group for CAJ alumni. The alumnus's post described an attack that he experienced while living in a CAJ dorm. That post led to the creation of a separate closed Facebook group for V/Ss of abuse at CAJ to share their stories. The name of this page is CAJ Abuse Survivors Support Group. This new page soon became a forum for many CAJ alumni to share their experiences of abuse during their time as students at CAI.

In response to the Facebook postings, as well as to multiple calls and letters from CAJ alumni reporting abuse to current administrators, Anda Foxwell, CAJ's current Head of School, posted an article on the CAJ website about child safety at CAJ, acknowledging that its current child safety policies were not always in place in the past and that CAJ welcomed any firsthand reports of abuse, either from staff or students.

Soon after this, CAJ began to receive firsthand accounts of alleged sexual abuse at the school in the mid-to-late 1960s. These allegations from alumni were against two staff members at CAJ during that time. In response to these allegations, Ms. Foxwell accessed the two staff

members' personnel files and determined that each of them had been dismissed after having been reported by a parent for sexually inappropriate contact with a student. Ms. Foxwell reached out to persons who had been in leadership at the school during that time period, and those persons confirmed that the grounds for dismissal for both staff members was related to sexual conduct with students.

During 2018, six CAJ alumni sent letters to the school detailing their personal experiences of abuse and expressing their desire for transparency, accountability, and closure. These letters indicated that the scope of former staff who had engaged in abusive conduct toward students was broader than the two personnel previously identified. Allegations were brought against not only teachers but dorm parents and administrators as well.

After receiving the allegations of historic abuse at CAJ, Ms. Foxwell issued an apology

letter to alumni on January 16, 2019. Many alumni responded to the apology letter through emails to Ms. Foxwell. Many of the responses were positive and grateful. Others expressed deep hurt, sorrow, and disappointment that the apology letter seemed to distance the current administration from past abuses, dismissing them as having happened "decades ago." Shortly after Ms. Foxwell issued the apology letter to alumni, the CAJ Abuse Survivors Support Group (ASSG) responded with a formal request for an independent investigation into the allegations of historic abuse at CAJ.

In conjunction with other organizations involved, CAJ decided to sponsor an independent investigation, along with other Cooperating Missions (identified below). In the Spring of 2019, CAJ engaged with Telios Law, PLLC, to oversee an independent investigation into the allegations. Based in Monument, Colorado, Telios Law is a firm that focuses on conducting



CAJ Campus in the 1950's

misconduct and abuse investigations in various ministry contexts, including historic investigations. This investigation commenced in March of 2019.

### B. PURPOSES AND OBJECTIVES OF THE INVESTIGATION

The investigation was designed to be carried out independently from the organizations sponsoring it, and in accordance with best practices.

### THE PURPOSES OF THIS INVESTIGATION WERE TO:

- Seek the truth with transparency
- Hear stories from alumni, making sure that alumni are addressed and treated justly (whether or not they were abuse V/Ss);
- Identify offenders and hold them accountable for abuse where possible; and
- Hold leaders accountable for inadequate leadership that failed to protect children.

In order to carry out these purposes, the investigative team attempted to do the following:

- Identify alleged victims of abuse;
- Seek their cooperation and accounts of the abuse endured at CAJ;
- Identify those responsible for the abuse;
- Determine whether and when CAJ Administration and/or CAJ Board knew of and/or should have known of abuse allegations;
- Evaluate whether responses from leadership were adequate and appropriate;



- Determine if there was any cover-up of abuse;
- Report offenses to the appropriate authorities; and
- Generate findings for appropriate action to be taken by CAJ.

In order to accomplish these purposes for abuse allegations spanning half a century, the investigation was necessarily complex.

# II. INVESTIGATIVE PROCESS AND COMPONENTS

### A. ROLES OF PLAYERS IN THE INVESTIGATION

This investigation was made possible by the work and contributions of several different groups of people. This section describes each major player in the investigation and its role in the investigative process.

### 1. The Sponsoring Organizations

This independent investigation was jointly sponsored by CAJ and four other Cooperating Missions. As discussed below in greater detail, CAJ was formed through the collaboration of six missionary organizations ministering in Japan (Cooperating Missions). Four of the six Cooperating Missions jointly sponsored this investigation with CAJ and have provided information, documents, and funding for the investigation. Those four organizations are:

- Resonate Global Mission
- ECC-Serve Globally
- The Evangelical Alliance Mission (TEAM)
- WorldVenture

CAJ plus the four mission organizations that cooperated together are called the Sponsoring Organizations of the investigation. The other two Cooperating Missions that formed and operated CAJ, One Mission Society (OMS) and SEND International, did not join in sponsoring this investigation.

SEND US (a branch of SEND International) commissioned a separate investigation to address allegations made against SEND US personnel from the 1950s through the 1970s, a much narrower scope than this investigation. Its public report was released on June 27, 2021.

#### 2. The Alumni and Other Witnesses

The Alumni were key in this investigation. Many Alumni provided information as victim/ survivors reporting abuse, or as witnesses to abuse or the general cultural situation. Their

CHRISTIAN ACADEMY IN JAPAN (CAJ)

RESONATE GLOBAL MISSION

ECC SERVE GLOBALLY

THE EVANGELICAL ALLIANCE MISSION (TEAM)

WORLDVENTURE



Theresa Sidebotham Telios Law PLLC

family members and CAJ staff also provided information. Participating in an investigation like this is painful for many witnesses, and their courage and willingness to share the truth is deeply appreciated.

#### 3. The Coordinator

The Coordinator of this investigation is Theresa Sidebotham, managing attorney of Telios Law, PLLC. The Coordinator's role in this investigation was to direct, organize, supervise, and manage all the components and personnel of the investigation; to assemble, train, and oversee the Investigative Team; and to manage communications with the Sponsoring Organizations.

In her role as Coordinator of this investigation, Ms. Sidebotham received assistance from other Telios Law staff, who helped to process and organize documents, maintain the website, draft communications, and other important tasks.

Ms. Sidebotham retained independent investigators to serve on the Investigative Team.

#### 4. The Investigative Team

The Investigative Team consisted of five independent professional investigators. The members of the Investigative Team are trained as state and federal law enforcement officers, private industry investigators, attorneys, or psychologists. Collectively, the investigators have decades of experience in child abuse and historical child abuse investigations. Some members of the team have significant experience in mission school abuse cases from around the world. The Investigative Team had no direct contact with the Sponsoring Organizations.

The Investigative Team performed the bulk of the work in this investigation. They reviewed thousands of pages of documents, contacted potential witnesses, interviewed witnesses, analyzed information, made factual findings, and combined all of those findings into a comprehensive, 386-page Master Report. Overall, the members of the Investigative Team have collectively spent well over 3,000 hours of investigative work in this investigation. Once they had finished the Master Report, they submitted it to the Coordinator.

### MASTER REPORT: 386 PAGES

#### 5. Consultants

This investigation also relied on consulting experts who are specialized in counseling, abuse trauma, and other areas of expertise relevant to this investigation. These consultants assisted the Investigative Team in receiving alumni stories, especially for interviewing traumatized V/Ss about their experiences of abuse as well as for understanding memory issues.

### 6. The CAJ Abuse Survivors Support Group and Alumni Representative

The CAJ Abuse Survivors Support Group (ASSG) has played an indispensable role in this investigation. The ASSG has been a wealth of information for the Investigative Team and has also represented and advocated for the interests of CAJ Alumni.

The ASSG appointed an Alumni Representative, Ms. Debbie Rhoads, who has been invaluable to the investigation. Early on, she presented a training to the Investigative Team on the history and culture of CAJ. Ms. Rhoads and the ASSG have been vitally important in identifying, locating, and coordinating witnesses for this investigation. Throughout, Ms. Rhoads took responsibility to present the alumni perspectives to the investigation and facilitate good communication. In addition, Ms. Rhoads and Ms. Brenda Seat presented the Alumni perspective to the Review Panel. The Coordinator (along with many others) expresses her gratitude to Ms. Rhoads and the ASSG for this pro bono work in advocating for V/Ss and helping to ensure a high quality investigation.

#### 7. The Review Panel

The Review Panel is a committee of independent interdisciplinary experts assembled by the Coordinator. The Review Panel was comprised of persons with legal, clinical, counseling, and mission backgrounds. No member of the Review Panel was a current or former staff of CAJ or any of the Cooperating Missions. Each member of the Review Panel served pro bono, out of interest and concern for V/Ss and improving the organizational response to them.

The role of the Review Panel in this investigation was to meet and study the redacted Master Report to closely review and analyze the Investigative Team's findings. Based on its review of the findings, the Review Panel has independently put together recommendations of disciplinary and other appropriate actions to be taken by the Sponsoring Organizations.

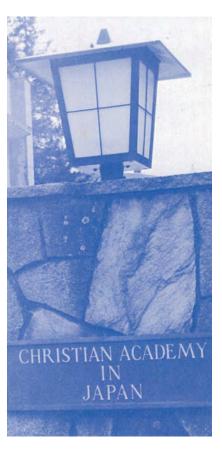


Image from 1977 CAJ Yearbook

### **B. OVERVIEW OF INVESTIGATIVE PROCESS**

### 1. The process of this investigation can be briefly described as follows:

$\triangle$	The Sponsoring Organizations commissioned the investigation and retained Telios Law.
В	The Coordinator appointed the members of the Investigative Team and the Review Panel.
	The Sponsoring Organizations, ASSG, and other parties provided substantial collections of documents relevant to the investigation.
	The Coordinator and her team organized and processed the documents to prepare them for review by the Investigative Team.
	The Investigative Team reviewed and analyzed the documents, contacted many potential witnesses, V/Ss, and offenders, and conducted formal interviews of many of those persons.
F	After the conclusion of fact-finding through document review and interviews, the Investigative Team prepared a comprehensive and confidential Master Report setting forth all of its findings.
G	A redacted and confidential version of the Master Report that concealed names of alumni and MKs was provided to the Sponsoring Organizations for purposes of making employment, disciplinary, and policy decisions.
Н	The Coordinator provided an Executive Summary of the Master Report to the Review Panel as support for the redacted Master Report, which it also received. Identifying information of alumni and MKs was also redacted from this Executive Summary.
	The Coordinator reviewed the Master Report to ascertain what persons and incidents needed to be reported to appropriate law enforcement authorities and other entities, and made needed reports.
	The Review Panel met, conferred, and made recommendations for the Sponsoring Organizations.
K	The Coordinator prepared individual Statements of Findings to those witnesses bringing allegations and those accused, indicating the findings for each alleged incident of abuse.
	The Coordinator prepared and sent packets for individuals including the Statements of Findings, this Summary Report, and appropriate communications from the Sponsoring Organizations.
M	The Coordinator prepared and published this Summary Report.

### 2. Sharing Information

The Coordinator communicated closely with the Investigative Team, tracking its progress.

Confidential information gathered by the Investigative Team was not shared with the Sponsoring Organizations. In some cases, V/Ss gave express permission for their names to be shared, and in those cases, they were shared. Limited information was shared, also with express permission from witnesses, with the SEND US investigation.

The Sponsoring Organizations did not direct the course of the investigation. The Coordinator regularly updated the Sponsoring Organizations about the general progress of the investigation, but not about specific individuals or allegations.

Throughout the course of this investigation, the Coordinator has provided regular, though general, updates and progress reports of investigative activity on a dedicated website. Since the investigation began, all persons with connections to this investigation—Alumni who attended the school, CAJ staff, families, and concerned persons from participating organizations—have been able to request a link to create a personalized log-in to receive investigational updates through this website. However, no personal identifying information is posted on this website.

Upon receiving the Master Report, the Coordinator and her team were responsible for coding all alumni witness and V/S names to create a redacted Master Report for the Sponsoring Organizations and the Review Panel.



### III. DEFINITIONS AND STANDARDS

#### A. STANDARDS OF PROOF

Several standards of proof exist. The highest standard, "guilt beyond a reasonable doubt," is used in criminal prosecutions, and only in prosecutions. It is nearly a 100% standard. Had this standard been used in the investigation, it would have been almost impossible to corroborate allegations by V/Ss, given the amount of time that has passed.

The standard used in civil cases and in employment matters is that of "preponderance of evidence." The "preponderance of evidence" standard is met if the allegation is more likely to be true than not true. The standard is satisfied if there is a greater than fifty percent chance that the allegation is true. Sometimes, the standard is called "the balance of probabilities."

In the investigation of abuse allegations from CAJ, the standard used was "preponderance of evidence." The Investigative Team considered allegations to be corroborated or substantiated if the evidence showed that they were more likely true than not true.

This standard does have some drawbacks. It means that if abuse is not corroborated past 50%, there may still be a reasonable chance that it happened. And if it is corroborated past 50%, there may still be a reasonable chance that it did not happen. This is a reason for confidentiality in an investigation. It also means that failure to substantiate does not imply criticism of the credibility and good faith of a witness bringing forward information.

#### **B. EVALUATING CREDIBILITY**

In terms of how the Investigative Team determined whether allegations were supported by a preponderance of the evidence, investigators placed the highest credibility on evidence documented close to the time when the alleged abuse occurred. Information from historical documents was also assigned a high level of credibility.

While the Investigative Team also relied substantially on individual testimony as evidence, they took into consideration that these events occurred many years ago, sometimes several decades in the past. Personal memories may not be reliable, and memories shared with others or publicly can often contaminate others' memories. When this happens, it is not intentional on the part of the witness. But it is true that very old memories can sometimes be flawed. At times, there was evidence of individual testimony close to the time of the event, and that testimony received greater weight. Nevertheless, individual testimony was very important, whether given contemporaneously or much later.

In many cases, the Investigative Team was able to substantiate allegations with credible and independent information from other witnesses or from documentary evidence.

Even when allegations could not be corroborated, witnesses' recollections were not discounted but were important in forming an overall picture of life and culture at CAJ, and were thus helpful for background and context to help understand the historical situation.

IN THE INVESTIGATION OF ABUSE ALLEGATIONS FROM CAJ, THE STANDARD USED WAS "PREPONDERANCE OF EVIDENCE." THE INVESTIGATIVE TEAM CONSIDERED ALLEGATIONS TO BE CORROBORATED OR SUBSTANTIATED IF THE EVIDENCE SHOWED THAT THEY WERE MORE LIKELY TRUE THAN NOT TRUE.

#### C. VOCABULARY USED FOR CATEGORIES OF PERSONS

Investigating abuse is difficult and sensitive, and even the terms to discuss it can be controversial. These are the terms used here, but without any claim to being the only terms or best terms for everyone.

#### 1. "MKS"

Persons who have grown up on the mission field are often called Missionary Kids (MK) or Third Culture Kids (TCK). Some prefer the term "former MK," and others take the view that "once an MK, always an MK." For convenience, this Report uses the term "MK," but other terms are equally valid.

#### 2. "ALUMNI"

Many of the CAJ students were MKs, but not all. Therefore, this Report often refers to "Alumni" of the school.

#### 3. "VICTIM/SURVIVOR"

Those impacted by abuse often have strong preferences concerning the appropriate vocabulary to use. Some prefer the term "victim" to describe persons who have experienced abuse, while others prefer the term "survivor." Each of these terms may carry different connotations for different people. Some may reject one term as implying weakness and defeat and others may reject another as diminishing the harm caused by the abuse.

Recognizing different preferences, this Summary Report uses the term "victim/survivor" (V/S) to encompass both terms. This is only one approach, and it seeks neither to consign those who have experienced abuse to an identity of victimhood nor to downplay the lasting traumatic effects that abuse often has.

#### 4. "OFFENDER"

Here, the term "offender" describes persons who perpetrated abuse. This term is versatile in referencing perpetrators of every kind of abuse (sexual, physical, emotional, etc.). The term also captures the active malice of abusive conduct, emphasizing that such persons have offended not only rules, laws, and norms of decency, but against human beings who were children.

#### 5. "ALLEGED"

Perhaps the most controversial term used in the context of child abuse investigations is the modifier "alleged" placed before "victim" or "offender." Some persons object to the terms "alleged victim" (AV) and "alleged offender" (AO), arguing that such terms imply doubt of accusations of abuse. On the other hand, those

accused of abuse (and their friends and family) are concerned about due process and not being labeled as offenders without corroboration.

Best practices in an investigation require that the team approach the evidence with no presuppositions as to whether the allegations are true or an individual accused is guilty. An investigation should avoid either an "innocent-until-proven-guilty" or a "guilty-until-proven-innocent" standard, but take a neutral position.

Therefore, persons alleged to have committed abuse are referred to as "alleged offenders." Once the allegations are corroborated, persons are referred to as "offenders." Similarly, someone bringing an allegation may be referred to as an "alleged victim" until the allegations are corroborated.

As noted, the standard of evidence used in this investigation is not that of a criminal judicial proceeding. Finding that a person is an "offender" does not establish that he or she is a criminal. Conversely, the lack of sufficient evidence to corroborate specific allegations against a person does not mean the person's actions are vindicated, and it does not mean that the actions did not occur—just that they are not corroborated.

### D. CURRENT DEFINITIONS OF CHILD ABUSE

CAJ's current Child Protection Policy defines child abuse as "inappropriate, immoral, and/ or unethical behavior of an adult toward a CAJ student or a minor under 18 years of age, or of a child toward another child where there is a difference in power based on age, or physical, intellectual, or emotional capacity." The policy goes on to say that child abuse "can be perpetrated with or without consent of the victim, can happen in a one-on-one encounter, or in a group setting." The policy also recognizes that "not all inappropriate behavior constitutes abuse/neglect."

CAJ's current policy enumerates and defines four categories of child abuse:

#### 1. Physical abuse.

Physical injury inflicted by other than accidental means upon a child by another person and includes willful cruelty, unjustifiable punishment, or willful infliction of physical pain.

### 2. Physical neglect.

The negligent treatment or the maltreatment of a child by a person responsible for the child's welfare under circumstances indicating harm or threatened harm to the child's health or welfare.

#### 3. Sexual abuse.

Sexual assault or exploitation of a child.

#### 4. Emotional mistreatment.

Emotional abuse, deprivation, or neglect of a child. This includes the use of threats, intimidation, acts of injustice or indignity by verbal and/or physical means (contact or non-contact) against a person.

While these definitions and categories are helpful, CAJ had no formal child protection policy until 2002, so these were not the definitions in use prior to 2002.

### E. EVALUATING CHILD ABUSE STANDARDS FOR THE PAST

While the Report accepts the definitions for abuse set forth in CAJ's Child Protection Policy, it is not possible to simply apply contemporary standards to the past. In an inquiry into abuse as far back as the 1950s, the Report must consider both the cultural milieu and the historical circumstances underlying the perceptions and responses toward abuse in the past.

In addition, CAJ is and always has been a faith-based organization. The investigation evaluates individual behaviors and leadership responses in light of what was known at the time and what training personnel had. However, CAJ was and is a Christian institution operating on Biblical and moral principles . CAJ's Christian ethos would have informed its understanding of the sinfulness and destruction of abuse and the need to protect children. This is particularly true of sexual abuse, as all behaviors comprising sexual abuse would have been Scripturally unacceptable at any time in the past.

This investigation has inquired into allegations and made findings under the rubric of the following categories of child abuse:

(1) PHYSICAL ABUSE, (2) SEXUAL ABUSE, (3) EMOTIONAL ABUSE, (4) INAPPROPRIATE BEHAVIOR, AND (5) CHILD-ON-CHILD ABUSE.

In addition, nine parents, some of whom were Board members, administrators, and teachers from the 50s to the 70s, were surveyed about standards prevailing at the time of the allegations. While the survey was not scientifically rigorous,<sup>2</sup> it was still helpful as a rough evaluation of prevailing attitudes at the time.

#### F. HISTORICAL DEFINITIONS OF PHYSICAL ABUSE

Defining physical abuse in a historical investigation involves changing and diverse views and perceptions of corporal punishment for children to correct misbehavior. Even today, a spectrum of opinions exists as to what forms of corporal punishment constitute abuse and even whether any form of corporal punishment is acceptable.



### 1. Twentieth Century attitudes toward corporal punishment

At the time CAJ was founded in the early 1950s, corporal punishment of a child was broadly accepted in both America and Japan. Starting in the 1960s, attitudes toward corporal punishment began to change. Schools and institutions that had previously been unsparing in their administration of corporal punishment began to reconsider the use of implements such as belts, paddles, and rulers to administer discipline. Gradually, these institutions began to limit the severity and duration of corporal punishment, such as maximum numbers of strikes that could be inflicted.

The consensus that began to evolve in the latter half of the Twentieth Century was that the appropriateness of corporal punishment depended on factors such as:

- the age of the child;
- the behavior that prompted the punishment (egregiousness and frequency);
- the instruments used for discipline (belt, paddle, switch, hand, etc.);
- the number of strikes inflicted;
- the location on the child's body where contact was made and whether the place of contact was bare or covered with clothing;
- the demeanor of the adult administering discipline (whether they were angry or calm); and
- the physical effects of the discipline on the child (bruising, welting, scarring, etc.).

Under this tacit balancing test, many forms of corporal punishment were regarded as benign, while administrations of discipline that would have been considered a "beating" were condemned and regarded as abusive.

WHILE THE USE OF CORPORAL
PUNISHMENT IN SCHOOLS
GRADUALLY STARTED TO DIMINISH
THROUGHOUT THE 1970S AND 1980S,
THE PRACTICE OF SPANKING CHILDREN
IN CLASSROOMS AND DORMS
CONTINUED TO BE REGARDED AS
ACCEPTABLE BY MANY INSTITUTIONS.

It was regarded as not only acceptable but necessary in the evangelical missionary context in which many MKs grew up during this time.

### 2. CAJ's historical position on corporal punishment

Despite this, CAJ was quite advanced in the area of physical discipline, adopting a policy of no corporal punishment in 1976.

Before 1976, the school had no discernable policy about corporal punishment. One administrator stated in his interview that during his tenure in the 1950s-1970s, there was no

discussion or training for staff regarding corporal punishment. Another administrator during that same time period confirmed that there was no defined disciplinary policy, but that the practice among teachers and dorm parents was to use corporal punishment, although some preferred non-corporal methods of punishment such as detention.

Adults at CAJ from the same historical time period had perspectives (albeit in retrospect) on the appropriateness of discipline that more or less aligned with the tacit balancing test described above. Investigators asked nine parents, some of whom were Board members, administrators, and teachers from the 50s to the 70s, a series of six questions pertaining to corporal punishment by a dorm parent, teacher, or administrator (not by parents):

- When asked about the same sex adult spanking a child's bare, unclothed bottom, the consensus was that it was inappropriate.
- When asked about the opposite sex adult spanking a child's bare, unclothed bottom, the consensus was that it was inappropriate.
- When asked about spanking a child's upper and lower legs, four persons said it was abusive and four said it was inappropriate.



- When asked about using an implement other than a paddle or a belt to spank a child, the consensus was that it was inappropriate.
- When asked about the appropriate number of swats given in a spanking, the number of swats approved ranged from one to four.
- When asked about hitting or poking in the face, head, chest or abdomen as discipline, the consensus was that such behavior would be abusive.

3. Physical abuse and physical injury

This investigation operated on a definition of physical abuse, currently accepted, that involved some form of tangible injury such as welts, lacerations, bruising, or scars. While behavior may still be inappropriate or unacceptable, it is generally not considered physical abuse without physical injury.<sup>3</sup>

### G. HISTORICAL DEFINITIONS OF SEXUAL ABUSE

As mentioned above, the moral standard for sexual abuse would not have changed much for religious organizations over time. Sexual abuse of children would readily have been identified as morally culpable in the Christian community. Sexual contact with children was absolutely a violation of Biblical standards about purity

TO THEN HAVE PEOPLE IN AUTHORITY, TEACHERS AND SPIRITUAL LEADERS, USING THEIR BODIES SEXUALLY ... CAUSED SURVIVORS TO EXPERIENCE A SPIRITUAL AND PSYCHOLOGICAL DISSONANCE OF SUCH MAGNITUDE THAT MANY HAVE NEVER RECOVERED.

SEXUAL ABUSE OF
CHILDREN WOULD
READILY HAVE BEEN
IDENTIFIED AS MORALLY
CULPABLE IN THE
CHRISTIAN COMMUNITY.

accepted by the Christian community and taught to the children. This understanding could have informed a vigorous response to sexual abuse, but in many cases, this vigorous response did not happen. Also, in many cases, adults were not aware of the abuse.

In cases where they were not defended by an adequate adult response, the sense of moral culpability would have added to the shame of the victims. In addition, the false construct of their moral culpability might have added to the silence of the victims. This sense of culpability arose because missionary children at CAJ were raised in a purity culture. They heard throughout their childhoods in church, school and at home to keep their bodies pure for marriage, and not to engage in any kind of sexual activity because their bodies were a temple. To then have people in authority, teachers and spiritual leaders, using their bodies sexually, to be touched with a sexual intent that they did not consent to, caused survivors to experience a spiritual and psychological dissonance of such magnitude that many have never recovered.

A partial reason for the inadequate response to abuse, including lack of awareness that it could or did happen, is that the understanding and perceptions around sexual abuse have evolved over time within United States culture. Before the mid-1970s, the clinical and professional understanding of what constituted "sexual abuse" was generally limited to sexual violence perpetrated by strangers. There was very little recognition, let alone understanding, of non-violent sexual abuse perpetrated by family or friends. In such instances, child victims were often regarded as being complicit in the conduct. While such conduct was regarded as taboo and inappropriate, it was not considered to be harmful to child victims, especially for victims who were boys.

In the United States, abuse reporting laws started being enacted in the late 1960s, though they were not universal until many years later. However, it was not until the late 1970s that the psychiatric community began to recognize the long-term negative effects of child sexual abuse on V/Ss. Even then, abuse prevention was still focused on "stranger danger." Not until the mid-1980s did professionals begin to acknowledge how common and how destructive sexual abuse was.

The clinical and professional understanding of sexual abuse was mirrored in the culture, and likely negatively impacted the understanding of those such as parents and administrators, who often badly misunderstood what they were hearing. In sum, leaders would have understood the actions as wrong in that day, but the standards of what would be considered an adequate response to the wrongdoing have changed greatly, as the cultural understanding of the deep harm of child sexual abuse has evolved with research and study.

Missions began to develop child protection policies in the mid to late 1990s and began to develop procedures of internal abuse investigations in the early 2000s. While this was not inconsistent with the major organizations in the U.S. that worked with children, there was likely also some delay for mission organizations to catch up with contemporary research in the field. It was around this time that CAJ adopted formal child protection policies.

In this investigation, allegations of sexual abuse and responses to sexual abuse were evaluated to the extent possible based on the standards that existed at the time, not the policies that exist today. This investigation used a working definition of "child sexual abuse" as (1) touching sexual body parts (body parts covered by underwear or swimwear), (2) either under or over the clothes, (3) of a child (17 years old or

### LATE 60S

In the United States, abuse reporting laws started being enacted.

### LATE 70S

The psychiatric community began to recognize the long-term negative effects of child sexual abuse on V/Ss.

### **MID 80S**

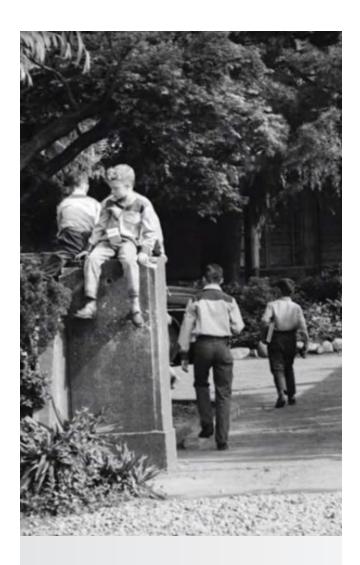
Professionals begin to acknowledge how common and destructive sexual abuse was.

### MID-LATE 90S

Missions began to develop child protection policies.

### EARLY OOS

Missions and other organizations in the U.S. began to develop procedures of internal abuse investigations.



THERE IS A CATEGORY
OF CONDUCT THAT,
WHILE NOT RISING TO
THE LEVEL OF ABUSE, IS
STILL INAPPROPRIATE
AND MAY NEVERTHELESS
BE GROUNDS FOR
CULPABILITY
AND DISCIPLINE.

younger) (4) that is not necessary for a child's health and safety. It also considered verbal sexual abuse (saying sexually inappropriate things) or visual sexual abuse (showing the child inappropriate things or asking to see private areas of a child).

#### H. EMOTIONAL ABUSE

Perhaps the most difficult category of abuse to define is that of emotional abuse. This category of abuse is often perceived as being subjective. Additionally, emotional abuse is not premised on a single comment or incident, but generally requires a pattern of mistreatment.

There is no doubt that physical and sexual abuse both inflict severe emotional damage on V/Ss. But emotional abuse involves words and actions toward children that damage them emotionally without requiring touch (though that also may be present).

CAJ's current Child Protection Policy features the following definition for "Fmotional mistreatment":

Emotional abuse, deprivation, or neglect of a child. This includes the use of threats, intimidation, acts of injustice or indignity by verbal and/or physical means (contact or non-contact) against a person.

This is the general standard adopted in this investigation.

#### I. INAPPROPRIATE CONDUCT

As CAJ's Child Protection Policy correctly states, "not all inappropriate behavior constitutes abuse/neglect." There is a category of conduct that, while not rising to the level of abuse, is still inappropriate and may nevertheless be grounds for culpability and discipline. Often, inappropriate conduct would not meet the standards required by criminal standards but is morally reprehensible.

Inappropriate conduct may take forms that are sexual, such as innuendo and touching. It may also be physical conduct that is inappropriately aggressive, such as an excessive use of disciplinary force that does not result in any injury to a child. In any event, where the behavior could not be clearly defined as sexual abuse or physical abuse, but was inappropriate under

the circumstances, investigators classified it as inappropriate behavior.

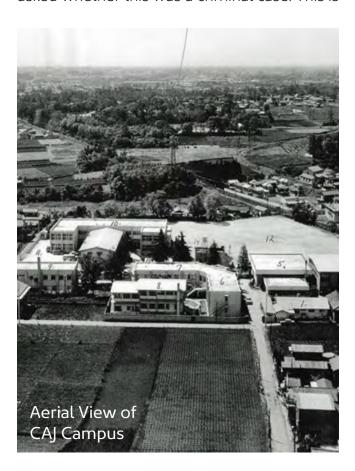
### J. CHILD-ON-CHILD ABUSE

In addition to child abuse perpetrated by adults at CAJ, this investigation also inquired into allegations of child-on-child conduct. While child-on-child or peer-on-peer acts are not generally considered to constitute child abuse, but rather inappropriate behavior, there are exceptions under certain circumstances. For example, if there is an age difference between the two children of four years or more, or some other power disparity exists, or if the conduct was forcible, such as rape, peer-on-peer activity will be analyzed under the rubric of abuse.

Even if it is categorized as inappropriate behavior, peer-on-peer bullying or other inappropriate activity can be highly traumatizing to the victims of such conduct.

### K. CRIMINAL STANDARDS AND REPORTING

Some of the witnesses in this investigation asked whether this was a criminal case. This is



EVEN IF IT IS

CATEGORIZED AS

INAPPROPRIATE

BEHAVIOR, PEER-ONPEER BULLYING OR

OTHER INAPPROPRIATE

ACTIVITY CAN BE HIGHLY

TRAUMATIZING TO

THE VICTIMS OF
SUCH CONDUCT.

not a criminal investigation. Only a governmental entity has prosecutorial powers to indict or charge criminals or to impose criminal sanctions.

While many of the instances of abuse constitute criminal conduct, the statutes of limitations applicable in the respective jurisdictions in which V/Ss and offenders now live make criminal prosecution unlikely. Much of the abuse occurred several decades ago and would be too old to prosecute in many jurisdictions, including Japan, where most of it happened.

Part of the responsibility for the investigation is to make appropriate reports to law enforcement authorities or other entities.

#### L. NAMING AND ANONYMITY

We have chosen in this Report not to share specific details that may identify victims and other alumni, to protect their privacy. We have also chosen not to name offenders publicly. The preponderance standard used in investigations like this is lower than that used in criminal prosecutions, meaning we are evaluating whether the allegations are "more likely than not" true. This lower standard means that the findings are not as solidly established as when a case has been prosecuted, and it is potentially a due process issue to publish offenders' names. However, the Sponsoring Organizations have been provided with names of offenders, the Review Panel has evaluated cases with offender names, and all cases have been evaluated for appropriate law enforcement reports or other appropriate notifications. In addition, those bringing allegations are being notified individually as to whether their specific allegations are corroborated.

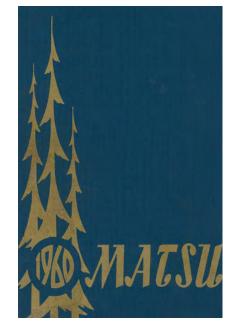
### IV. SOURCES OF INFORMATION

#### A. HISTORICAL DOCUMENTS

THE INVESTIGATIVE TEAM REVIEWED OVER 1,400 DOCUMENTS THAT WERE CONCURRENT IN TIME WITH EITHER ALLEGED INCIDENTS OF ABUSE OR WITH THE TENURES OF RELEVANT STAFF AND ALUMNI AT CAJ. THE DOCUMENTS SPANNED OVER 50 YEARS OF CAJ'S HISTORY.

This corpus of historical documents, consisting of tens of thousands of pages, included the following categories of records:

- CAJ Board Minutes, Executive Action Minutes, and other Board records from 1950 to 2005;
- Minutes and records of various CAJ committees from 1950 to 2005;
- Faculty meeting reports and records from 1950 to 2005;
- Headmasters' reports from 1950 to 2005;
- Enrollment data from 1950 to 2005;
- Historic written correspondence discussing matters relevant to allegations, offenders, and V/Ss;
- CAJ Matsu yearbooks from 1957 to 2014;
- Personnel files for staff who were alleged offenders or otherwise persons of interest, from Sponsoring Organizations;
- Field Reports;
- Historic photographs of students, staff, and grounds at CAJ;
- Obituaries of deceased persons of interest;
- Two published books; and
- Historic documents provided by Sponsoring Organizations (and to a very limited extent, by SEND US).



Cover of 1960 CAJ Matsu Yearbook

The Sponsoring Organizations readily cooperated in providing all requested documents.



#### **B. WITNESS INTERVIEW TESTIMONY**

In addition to documentary evidence, the Investigative Team formally interviewed fifty-nine witnesses, including alleged V/Ss, alleged offenders, alumni, former staff, former administrators, and other persons with relevant information. The Investigative Team contacted and received information from dozens of other persons who did not sit for a formal, fullength interview.

In some instances, a full-length interview was not necessary because the witnesses were not bringing allegations, and in other instances, witnesses chose not to interview. While there were a number of people whom the Investigative Team would prefer to have interviewed, the Team understood that people process trauma differently and at different rates. Some individuals were not ready to share their stories, and the Investigative Team respected that. While this meant that sometimes abuse could not be corroborated, we recognize that this is unavoidable due to the nature of traumatic events. At a number of points, the Master Report indicates that abuse may have happened that could not be corroborated.

In addition, due to the very lengthy time span of the investigation, some potential witnesses had died, were too ill to interview, or otherwise had become unavailable.

MEMBERS OF THE INVESTIGATIVE TEAM TRAVELED ACROSS THE UNITED STATES AS WELL AS INTERNATIONALLY TO CONDUCT IN-PERSON INTERVIEWS.

Because the COVID-19 pandemic happened during the course of this investigation, some of the interviews had to be conducted virtually through videoconference. However, the team made great effort to interview those accused and those with important allegations in-person when possible.

In addition to providing verbal testimony, many of the witnesses provided written timelines, sketches, explanatory drawings, and other helpful documents they had gathered or prepared to help clarify their testimony.

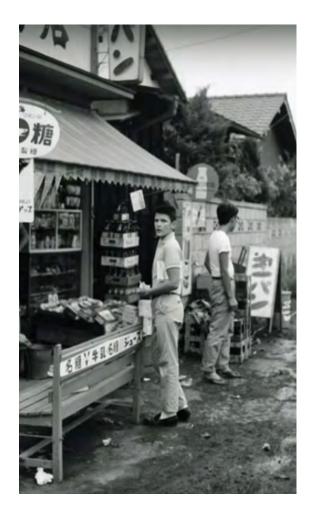
### V. HISTORY AND CULTURE OF CAJ

### A. HISTORICAL CONTEXT OF CAJ'S FOUNDING

CAJ was founded just five years after the Empire of Japan surrendered to the Allied Powers on August 15, 1945, thereby ending the six-year-long Second World War. During the ensuing American occupation of Japan, President Harry Truman appointed General Douglas MacArthur as Supreme Commander of occupying Allied Forces. Although Emperor Hirohito was permitted to stay in power (at least as a figurehead puppet), Gen. MacArthur assumed virtual sovereign control of the island nation as the country gradually overhauled its constitution to become a parliamentary democracy.

During the occupation, Gen. MacArthur implemented policies to invigorate the spiritual life of the Japanese people. Whether out of earnest piety or out of a strategic geo-political initiative to prevent the spread of Communism in Japan by fostering Christianity,

GEN. MACARTHUR CORRESPONDED
WITH VARIOUS AMERICAN RELIGIOUS
ORGANIZATIONS, ENCOURAGING THEM
TO SEND THOUSANDS OF CHRISTIAN
MISSIONARIES TO JAPAN TO FILL WHAT HE
SAW AS A WAR-TORN SPIRITUAL VACUUM.



Gen. MacArthur's correspondence coincided with an exodus of missionaries and Christian nationals from China and Korea as those countries came under Communist control and began persecuting the Church. By the time American occupation ended in April 1952, Japan, especially the prefect of Tokyo, had become a hotbed of evangelical activity, as American and European missionaries, as well as Christian refugees from the continent, streamed into the rapidly Westernizing island.

Many of these Christians coming to Japan in the late 1940s and early 1950s brought with them school-age children who would join the vast number of Euro-American children in Japan whose Christian parents had come there either as part of the Allied military occupation or in conjunction with the post-war influx of Western-owned industry and capital into Japan.

REGARDLESS OF WHAT BROUGHT THESE CHRISTIAN FAMILIES TO JAPAN, THEY WANTED THEIR CHILDREN TO HAVE A QUALITY CHRISTIAN EDUCATION IN THEIR NATIVE LANGUAGE. THESE ARE THE CIRCUMSTANCES THAT BROUGHT ABOUT THE FIRST GENERATION OF CAJ PARENTS, TEACHERS, AND STUDENTS.

### B. MISSIONARY CULTURE, JAPANESE CULTURE, AND CAJ'S CULTURE

The historical context is important for understanding the original mission and culture of CAJ. Many of the people who played a part in founding CAJ and guiding it through its infant stages were, to some degree or another, influenced by various cultural perspectives that shared common emphases of sacrifice, adaptability, honor, and stoic reticence.

Whether they were there as missionaries, businessmen, or military, the "Greatest Generation" American expatriates in Japan had a strong sense of duty and sacrifice for a greater good. From their perspective at the dawn of the post-war era, democracy had triumphed over fascism, liberty had triumphed over tyranny, and good had triumphed over evil; all because of the selfless fortitude of individuals who suffered for the sake of a noble cause.

MISSIONARIES IN JAPAN DURING THAT TIME UNDERSTOOD THE PROSPECTIVE TRIUMPH OF THE GOSPEL IN JAPAN AS PREDICATED UPON THE SAME FORMULA OF AUSTERITY AND PERSEVERANCE THAT HAD ENDURED THE GREAT DEPRESSION AND DEFEATED THE AXIS POWERS.



**Handing Out Tracts** 

Just as veterans of the recent war felt an obligation to honor their fallen comrades who died fighting for a righteous cause, many missionaries who had fled Communist takeovers in China and Korea had seen their fellow laborers made martyrs for their Christian witness.

The result was a zealous commitment to a higher cause built on a sense of indebtedness to others who had made the ultimate sacrifice. Both military and missionaries in Japan were convinced that the work they were doing there was righteous and was of critical significance to humanity; work to which the ordinary obligations of family life and child-rearing would take a back seat, even if it meant that children would need to be placed in boarding schools so their parents could be free to pursue their lofty callings. Such an arrangement was regarded by many parents as a necessary and honorable sacrifice for a greater good.

This worldview echoed traditional Japanese culture and family life, which also emphasized subjection of the individual to the greater good of family and community. Japanese society was an honor-based culture in which indebtedness to one's ancestors and the protection of one's reputation and the reputation of one's family was paramount. The practice of *hara-kiri*, or ritual suicide as a response to shame, was not

21

yet a long-gone archaic custom in Japan even in the 1950s. The post-war cultural milieu in which CAJ was formed was not inconsistent with the *Bushido* attitudes of honor and shame that had characterized previous generations in Japan.



Samurai or retainer kneeling before government official or daimyo

In Japanese culture as well as in missionary culture, there was no reasonable expectation of accommodation for the individual nor an acceptance of anything that might blemish the communal reputation. In the missionary culture, this created a worldview where it was difficult to confront and respond to incidents that might reflect negatively on the Christian community or on the Gospel. To expose shameful facts about a person who was important in the missionary community was to risk bringing shame on the community as a whole and on its righteous cause.

Another commonality between traditional Japanese culture and that of the missionary culture was an attitude toward parenting children that was quite different than present-day

TO EXPOSE SHAMEFUL FACTS ABOUT A PERSON WHO WAS IMPORTANT IN THE MISSIONARY COMMUNITY WAS TO RISK BRINGING SHAME ON THE COMMUNITY AS A WHOLE AND ON ITS RIGHTEOUS CAUSE.

American notions of parenthood and childhood. In both cultures, children were perceived not so much as unique individuals for whom few pains should be spared to foster their gifts and ensure their happiness, but rather as extensions of their parents. The children's interests and desires were subordinate to their parents' work. This was true as a matter of custom in Japanese culture, where the honor of one's ancestors was an overriding principle. It was also true as a matter of practical necessity in missionary culture, where parents were preoccupied with labor of the highest significance and could not be distracted by the demands of full-time parenting. The frequent lack of financial resources would have exacerbated the impact of this perspective.

The convergence of the "Greatest Generation" sense of duty and sacrifice, the evangelical fervor of the missionaries, and the Japanese social atmosphere into which both were transplanted created a particular culture among the missionary community in and around Tokyo.

THE AMERICAN AND EUROPEAN ALUMNI WHO ATTENDED CAJ IN THE EARLY YEARS HAD TO NAVIGATE THESE CULTURAL EXPECTATIONS. DEMANDS ON THEM INCLUDED A SELFLESS ACCEPTANCE OF SEPARATION FROM PARENTS AND LIFE IN A BOARDING SCHOOL; AN UNQUESTIONED RESPECT FOR AND HONOR TOWARD THE ADULTS WHO THEMSELVES HAD SACRIFICED TO SERVE AS TEACHERS AND DORM



PARENTS; A PROHIBITION
AGAINST BRINGING SHAME
ON ADULTS IN CHARGE OR
ON THE SCHOOL; AND THE
PREMISE THAT CHILDREN
SHOULD BE SEEN AND
NOT HEARD.

THIS WOULD
AFFECT CHILD
SAFETY AT CAJ IN
WAYS THAT WERE
NOT FORESEEN AT
THE TIME.

#### C. HISTORY OF THE EARLY YEARS (1950-1960)

First named the Japan Evangelical Christian School, the institution which came to be known as Christian Academy in Japan (CAJ) was started in 1950 through the initiative of missionary parents

with a desire to have their children receive a Christian education provided in the English language. The school's original campus was located in downtown Tokyo. In its first year of operation, the school had thirteen students, all of whom were taught by one teacher, Ms. Nettie Dyk. The school received "zaidan houjin" status as a nonprofit in 1955. The principal purpose of the school was "providing of education for the children of missionaries and other Christians who live in Japan." 5

In the Fall of 1951, the school relocated westward to Higashikurume to the site where the Imperial dairy farm had operated before the war. While the new campus was in a rural setting in the 1950s, Higashikurume has since been absorbed by the western portion of the Tokyo Metropolis.

Once the campus moved to a more remote area, most of the students' parents could no longer invest the time in transporting their children to and from school. While many students began commuting alone by bus or train, the new Higashikurume campus was half an hour from the nearest mass transit transfer point. The school provided a bus to transport children for a short time, but it served a relatively small area.

Consequently, many of the school's students were given a lot of independence in their daily commute to school and were permitted to move about Tokyo without adult supervision because their parents were absorbed in missionary work. Likely as a result of this less-than-ideal situation, CAJ became a boarding school in the same year that its campus relocated.

Throughout the 1950s, CAJ experienced major changes and growth. Facilities and curriculum expanded likewise. During that decade, the school constructed a gymnasium and expanded its library from 141 books to over 2,000 volumes.

Virgil Newbrander became CAJ's first headmaster in 1952. Howard Blair succeeded Newbrander in 1954. During Blair's tenure, CAJ graduated its first student in 1956. By the time Martin Essenburg began his fourteen-year term as headmaster in 1959, the school had sports teams, cheerleading, choir, a band, and a school newspaper.





CAJ Student in Transit, 1966

### D. TRANSITION TO BOARD OPERATION (1961)

A significant transition occurred in 1961, when CAJ changed from a parent association to a board-operated school, with Board members appointed from six cooperating Christian missions. Those six organizations were:

- Far Eastern Gospel Crusade, (FEGC) (now known as SEND International);
- The Evangelical Alliance Mission (TEAM);
- The Conservative Baptist Foreign Missionary Society (now known as World Venture);
- Christian Reformed World Missions (now known as Resonate Global Missions);
- The Department of World Mission of the Evangelical Covenant Church (now known as Serve Globally); and
- The Oriental Missionary Society (OMS) (now known as One Mission Society).

Under this new structure, each participating mission was represented by members on the CAJ Board of Education and each also sent personnel to serve as teachers and dorm parents at CAJ. This new Board controlled the school's affairs and appointed the school's headmaster (now called "Head of School"), who served as the principal or executive of the school, hiring personnel, overseeing the students, and managing the school's administration and daily operations.

In the early days of the school, the sponsoring missions helped to supply teachers, supported the school financially, and had two representatives from each mission serve on the Board of Directors.

#### E. AN ERA OF FLUCTUATION (1960-1980)

In the first two decades of CAJ's existence, the school grew and expanded considerably. When the school was founded in 1950, the population of Tokyo was under twelve million. By 1970, the

city's population had nearly doubled to 23.3 million. In that same twenty-year period, the population of Higashikurume increased five-fold from 10,000 to 50,000 and would more than double to over 100,000 by 1980.

CAJ'S GROWTH PARALLELED THE EXPLOSIVE GROWTH OF THE TOKYO METROPOLIS. THE SCHOOL HAD BEGUN WITH ONLY THIRTEEN STUDENTS IN 1950. BY 1969, THE SCHOOL HAD OVER 500 STUDENTS.

After the transition to a board-operated institution in 1961, renovations and expansions of CAJ's facilities continued in order to accommodate a growing student body. New classroom buildings, dorms, a dining hall, and an auditorium replaced old buildings. Many of the key CAJ traditions and institutions, such as the Alma Mater song and the PTA Thrift Shop, began during this period of growth and expansion. Jack Jones took over from Martin Essenburg as headmaster from August of 1973 through June of 1976.

However, in the mid-1970s, a decrease in the yen/dollar exchange rate coincided with a decrease in the number of English-speaking children to educate in and around Tokyo. The result was a plunge in enrollment at CAJ. By 1980, only 285 students attended CAJ, nearly a 50% reduction from the student body size ten years earlier.



City Lights at Night, CAJ Yearbook 1984

### F. LATTER TWENTIETH CENTURY: 1981-2000

When Dr. Claude Meyers became headmaster of CAJ in 1981, the school had just under 300 students, its library had over 15,000 volumes, and annual tuition was \$1,400. The school expanded again through the 1980s. In 1982, CAJ started School Support Services (SSS), a program that provides educational resources to English-speaking homeschoolers in Japan and part-time students at affiliated schools. In 1985, the school established a separate middle-school division.

CAJ implemented successive major improvement plans during this period, one in 1988 and another in 1997. It built a new Academic Building in 1997.

### G. A NEW MILLENNIUM: 2000-PRESENT

SIGNIFICANT CHANGES CAME TO CAJ AT THE DAWN OF THE TWENTY-FIRST CENTURY.

While celebrating its 50th anniversary, CAJ implemented a comprehensive improvement plan in 2000. This plan overhauled curriculum, enhanced counseling, improved technology training, expanded the school's ESL program, reformed the school's student appraisal system, reorganized leadership, and adopted a new staff development policy.

In 2013, CAJ underwent a major change in corporate structure and governance. Since 1955, CAJ had operated under the legal entity status of "zaidan houjin," meaning that it was only a generic association or foundation. CAJ did not enjoy certain government benefits and tax exemptions that were afforded to similar institutions that operated and a formal recognition of "gakkou houjin" (literally "incorporated school") status. During the 1980s and 90s, CAJ's Board had discussed the possibility of seeking gakkou houjin status but there were concerns of whether the benefits were outweighed by the possibility that CAJ might be forfeiting any autonomy to government control.

Starting in 2009, CAJ again considered transitioning to a *gakkou houjin* status. After conferring with other schools who had made the change and consulting with legal experts, CAJ

moved forward with seeking *gakkou houjin* recognition from the Japanese government. On March 31, 2013, the original *zaidan houjin* CAJ entity was dissolved and the next day, April 1, the new *gakkou houjin* CAJ entity was formally established at a public ceremony. As a *gakkou houjin*, CAJ enjoys greater legal privileges and parties can make tax-deductible donations to the school.

CAJ is also a member of the Japan Council of International Schools, the Association of Christian Schools International, and the East Asia Regional Council of Schools. Through these organizations, CAJ has accountability and keeps current in educational developments. CAJ is also fully accredited with the Western Association of Schools and Colleges.

As of 2021, CAJ has approximately 450 students in its day school program and another 300 students in its SSS program. MKs still make up roughly 40% of CAJ's student body, but they are joined by a growing number of students who are the children of business professionals.

CAJ'S FOUR-ACRE CAMPUS
IN THE WESTERN SUBURBS
OF TOKYO NOW INCLUDES
A 370-SEAT AUDITORIUM, A
450-SEAT GYMNASIUM, AND A
26,000-VOLUME LIBRARY.



# VI. CAJ AND A CULTURE OF CHILD PROTECTION (OR FAILURE TO PROTECT)

### A. CAJ'S EARLY CULTURE THROUGH THE EYES OF ALUMNI

The cultural perspectives of CAJ's early years are corroborated by the accounts of alumni and parents gathered during this investigation, along with the effects that the perspectives had on the lives of the children involved. Several MKs who were interviewed spoke about their perception of CAJ's early culture as one in which "mission" was prioritized over family. Many MKs expressed their understanding that the Gospel mission was the primary calling above all else. This led to parents placing their children at CAJ in a dorm environment separated from parents



and other family.

One former student who attended CAJ during the 1950s and 60s as a seven-day boarding student became emotional during his interview when he described the bitter feelings of summer breaks ending and having to leave the "comfort of home" to return to this "weird and strange setting." This student said of dorm parents:

THEY WERE CALLED DORM PARENTS, BUT THEY'RE NOT REALLY PARENTS. THEY ARE DORM CUSTODIANS OR DORM GUARDIANS, OR DORM DISCIPLINARIANS. EVEN THE REALLY GOOD ONES THAT TRIED REALLY HARD . . . THEY WERE STILL JUST LIMITED BY TIME AND ENERGY.

This student compared the boarding school placement to the story of Abraham's sacrifice of Isaac in Genesis 22, explaining that the application of this story for missionary families in Japan was that they were called to make a similar sacrifice in their own families by placing children in a boarding school in order to obey God's calling. However, in the case of the MKs, the sacrifice was ultimately carried out day by day and year by year.

Another student who attended CAJ in the 50s and 60s stated:

THE MISSIONARY WORK OF
THE PARENTS TOOK PRIORITY
OVER ALL ELSE, INCLUDING THE
RESPONSIBILITIES OF PARENTHOOD.
IF THE CHILD WASN'T PRESENT, THE
PARENTS COULD DEVOTE MORE OF
THEIR TIME TO THE WORK OF GOD
[. . .] OUR PARENTS BELIEVED
THAT GOD AND HIS WORK TOOK

PRECEDENCE OVER EVERYTHING, INCLUDING FAMILY WELFARE AND THE PROPER STEWARDSHIP OF CHILDREN. AS GOOD CHRISTIANS, THEY COMPLETELY ACCEPTED THE AUTHORITY OF THE MISSION BOARD EVEN WHEN IT RAN COUNTER TO THEIR OWN BELIEFS OR FEELINGS.

Multiple students interviewed noted that the missions with which their parents were affiliated had policies that required children to attend boarding schools. These students described the sense of duty, sacrifice, and loyalty that their parents had to their mission organizations, creating an atmosphere where no one could resist or protest these conditions. One alumnus emphasized that this was seen as the "sacrifice for the greater good."

One alumna who was a confirmed V/S of abuse by a CAJ teacher in the 1960s remarked how the offender himself drew upon this reality to pressure her into not reporting the abuse. The offender told her that if she told her parents, they would be sent home from the mission field and it would be her fault. This student stated that later in life when she told her mother about the abuse she experienced at CAJ, her mother responded by assuring her that it was necessary to have placed her in school because "if you were not in school, we could not have done the work we had to do, and all these people wouldn't be Christians."

These pressures to protect the missionary cause created what one student called a "pervasive code of silence," and what another student described as "don't ask, don't tell." This code of silence not only kept students from reporting abuse, but also kept adults from reporting inappropriate behavior they observed, and thus created an environment where offenders would not be stopped.

This code of silence was consistent with the prevailing cultural sentiment that children were to be seen and not heard. One student at CAJ during the 50s and 60s recounted how "children didn't speak until spoken to. Children were taught to respect and obey adults without questions. Children had no voice and no credibility." Another student during that time commented that:

IT WAS EXTREMELY DIFFICULT FOR CHILDREN WHO WERE SEEN AS EXTENSIONS OF THEIR PARENTS' MINISTRIES AND WERE TO BE "SEEN AND NOT HEARD" [...] WE WERE TO BE KIND, RESPECT AUTHORITY AND OBEY ADULTS, NO MATTER WHAT. CHILDREN HAD VERY LITTLE VOICE OR CHOICE IN WHAT HAPPENED TO THEM [...] AT SOME LEVEL, WE ALL UNDERSTOOD THE STRESS OUR PARENTS WERE UNDER AND THE IMPORTANCE OF THEIR WORK. IT WAS OUR DUTY TO NOT MAKE WAVES!

ONE ALUMNUS
EMPHASIZED
THAT THIS WAS
SEEN AS THE
"SACRIFICE FOR
THE GREATER
GOOD."

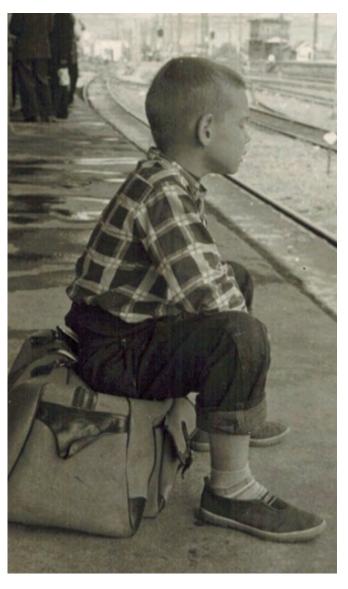


IT WAS OUR DUTY TO NOT MAKE WAVES!

### B. BOARDING SCHOOL LIFE FOR CAJ STUDENTS

CAJ's boarding school program started in 1951 to facilitate students who were not able to commute daily as day students. There were two groups of boarding students: five-day boarders and seven-day boarders. Five-day boarders stayed in the dorms through the week and went home to their parents on weekends. Five-day boarder alumni commonly reported a phenomenon they called the "Sunday Night Blues," in which students as young as six years old would spend the final hours of their weekends lamenting their return to the dorms the next day. One alumnus vividly described the anguish of parting from his parents each week:

THE DREAD WOULD BEGIN SATURDAY NIGHT WHILE LYING IN MY BED, THE DREAD OF HAVING TO SAY GOODBYE TO MY PARENTS FOR ANOTHER WEEK. SUNDAY MORNING WE'D AWAKE TO A HOT BREAKFAST OF WAFFLES OR PANCAKES OR SCRAMBLED EGGS. WE STILL HAD THE BUFFER OF SUNDAY SCHOOL AND CHURCH AND SUNDAY DINNER BEFORE WE'D HAVE TO LEAVE. AFTER DINNER WAS OVER, I'D PACK MY SUITCASE. I WOULD THEN RIDE THE THREE HOURS BY TRAIN TO THE CHRISTIAN ACADEMY IN IAPAN. FOLLOWED BY FIVE LONELY NIGHTS IN MY BED, LONGING FOR HOME, LONGING TO BE HOME WITH MY PARENTS. WHEN MY BROTHER. SISTER AND I WERE YOUNGER MY FATHER WOULD ACCOMPANY US ON THE TRIP. ON THOSE OCCASIONS MY FATHER WOULD SAY GOODBYE TO ME AT THE DORMITORY GENKAN. I WOULD RACE BACK TO MY ROOM TO CATCH ONE LAST GLIMPSE OF HIM AS HE HEADED BACK TO THE TRAIN STATION.



Student waiting for train to return to CAJ

WHILE PARENTS
OCCASIONALLY VISITED
THESE STUDENTS DURING
THE SCHOOL YEAR, SEVENDAY BOARDERS WENT VERY
LONG STRETCHES OF TIME
WITHOUT SEEING
THEIR PARENTS.

Seven-day boarders were students who only went home for Christmas, Easter break, and summers. While parents occasionally visited these students during the school year, seven-day boarders went very long stretches of time without seeing their parents. Seven-day boarders often spent their weekends in another dorm with different staff and students.

Boarders were segregated by sex, with boys' dorms and girls' dorms. Both five-day and seven-day boarders were placed under the care of dorm parents. These were adults hired by CAJ specifically to serve as caretakers and overseers of children in the dorms (and often tasked by the Cooperating Missions as well). Students were generally expected to refer to "dorm mothers" as "Aunt" and dorm fathers as "Uncle" and to submit to them as if they were parents.

Several alumni commented positively on their experience in the dorms. Many expressed that life in the dorms was fun and enjoyable. However, many others shared very negative experiences, including severe homesickness, bullying, or abuse by dorm parents. Multiple alumni described how they cried themselves to sleep most nights in the dorms.

Some former students described how dorm parents were neglectful or unable to keep track of all of the children under their care, resulting in ineffective supervision over the children. One alumnus described his experience as follows:

WE KEPT A LOT OF SECRETS
[...] THE DORM PARENTS WERE,
THEY WERE PRETTY CLUELESS
ABOUT WHAT WAS GOING ON
IN THE DORM [...] I KNOW A
LOT OF KIDS WERE DAMAGED
BY THE DORM JUST FROM THE
FACT THEY WERE AWAY FROM
THEIR PARENTS AND WE WERE
STRONGLY DISCOURAGED
FROM INTERACTING WITH OUR
SIBLINGS, YOU KNOW WE SAT
WITH OUR DORM GROUPS NOT
OUR FAMILY GROUPS.

On the opposite extreme, other students described how their dorm parents assumed a very authoritarian posture and exercised significant power over all the children under their care, assigning chores and rigidly directing every activity. One alumna described one such dorm mother:

WE ALL HAD JOBS AND THEN WE WOULD GATHER MAYBE EVERY AFTERNOON AND GO OVER OUR IOBS, ALL OF US GIRLS AND WE OFTEN DIDN'T DO OUR JOBS THE WAY SHE THOUGHT THEY SHOULD BE DONE. SO THERE WOULD BE PUNISHMENTS MAYBE LIKE DELAYED PUNISHMENT TO GET A SPANKING LATER [...] ONE CHORE WAS THAT THERE WERE RIMS, WOOD RIMS [...] LIKE WAINSCOTING...AND ONE JOB LITERALLY WAS TO GO WITH A CLOTH REALLY CAREFULLY [...] ANOTHER JOB WAS, SHE HAD A BIRD [...] THE CAGE WAS EITHER BROUGHT OUT OR WAS WHERE WE COULD SEE IT [...] ONE OF MY JOBS WAS TO CUT OUT [...] ONE OF THOSE PAPER CIRCLES [...] FOR IN THE BASE TO LINE IT AND TAKING OUT THE STUFF AND THROWING IT AWAY.

Many students described strict policies and rules enforced by dorm parents and harsh penalties for violating those rules. While dorm life does not appear to have been a negative experience for all alumni who participated in this investigation, dorm life was a genuinely traumatic experience for some CAJ students.

### C. CORPORAL PUNISHMENT: CHANGING CULTURE AND POLICIES

As discussed above, perceptions and norms around corporal punishment of children were different in the mid-twentieth century, especially in an evangelical missionary context in a Japanese setting.

### 1. Corporal punishment in the early years

Alumni interviewed in this investigation reported that physical discipline was common in the dorms in CAJ's early years. When asked in her application to CAJ about her philosophy of discipline, one dorm mother at the school during the 1960s wrote:

When a child is committed to the care of someone, that person (adult) is responsible for disciplining the child, including corporal punishment, when necessary. I have spanked on occasion, however, I had permission from the parents of those particular children to do so.

BECAUSE MISSIONARY
PARENTS THEMSELVES
OFTEN HAD A MENTALITY
OF "SPARE THE ROD, SPOIL
THE CHILD," THE FACT
THAT DORM PARENTS
IMPLEMENTED SPANKINGS
WAS NOT CONTROVERSIAL.

Nevertheless, while corporal punishment was widely regarded as acceptable among parents, dorm parents, teachers, and others at CAJ as well as the broader missionary community, some disciplinary practices at CAJ would not have been acceptable even during the 50s and 60s. For example, one dorm parent administered discipline with a rubber hose, sometimes on students' bare legs and bottoms, on occasion leaving welts and scars.

ONE FORMER HEADMASTER, ON MULTIPLE OCCASIONS, SLAPPED STUDENTS ACROSS THE FACE.

### 2. Policies on corporal punishment

In the 1970s, CAJ's Board began to discuss the issue of corporal punishment and how it should be regulated at the school. At a Board meeting on May 19, 1975, the following policy was proposed:

C.A.J. reserves the right to administer corporal punishment to students. When corporal punishment is administered notification of the action is to be presented in writing to the principal and/or Headmaster for Grades 1-6 and the Headmaster only for Grades 7-12.

The report is to include this information:

- reason for punishment
- instrument used
- time
- witness



Informing the parents of the corporal punishment is required of the one administering the discipline.

By corporal punishment we mean spanking.

- 1. A regulation wooden paddle will be provided by the administration.
- 2. The paddle will be applied to the buttocks only. Students are never to be slapped.
- 3. A co-worker (or adult) will serve as witness.

Corporal punishment will be administered, in most cases, after other means of punishment or restrictions have failed.

Rather than adopting this proposed policy at that meeting, the Board resolved to table action on corporal punishment.

At its next meeting on June 16, 1975, the Board resolved to get input from a PTA panel discussion about corporal punishment. At the Board's meeting on January 20, 1976, the Education Committee recommended that no corporal punishment should be administered until a definite policy was established. The minutes from the Board's meeting on April 20, 1976 indicate that the Board heard long discussions from faculty involving several matters related to corporal punishment.

THE EDUCATION COMMITTEE GAVE ANOTHER REPORT TO THE BOARD ON CORPORAL PUNISHMENT ON JUNE 15, 1976. FINALLY, ON SEPTEMBER 21, 1976, THE BOARD PASSED A MOTION THAT "CORPORAL PUNISHMENT NOT BE EMPLOYED AT C.A.J."

For the day, this policy on corporal punishment was relatively progressive.

11). Motion prevailed that corporal punishment not be employed at C.A.J.

Excerpt from 1976
Board Minutes

#### D. FORMAL CHILD PROTECTION POLICIES

The coming of the new millennium also saw the introduction of CAJ's first formal Child Protection Policy. The school started formulating its new child protection policy in February 2000 and the policy was formally adopted on June 11, 2002.

#### E. CLOSING THE BOARDING PROGRAM

Another major change in the lives of students came in 2009 when CAJ closed its boarding program.

# VII. TRAUMA FROM ABUSE OR BOARDING SITUATION

In this investigation, alumni have expressed many permanent effects on their lives from the complex trauma of both the boarding situation and abuse. These anecdotal accounts are well-supported by research.

THE DORM ENVIRONMENT,
WHERE CHILDREN WERE
APART FROM THEIR PARENTS
AND EVEN SIBLINGS WERE
SEPARATED, COULD ALSO
HAVE CONTRIBUTED TO
ANXIOUS-AMBIVALENT
ATTACHMENT SYNDROME.
THIS COULD EASILY LEAD TO
SOME DEGREE OF TRAUMA
EVEN FOR CHILDREN WHO
WERE NEVER ABUSED.

It is well established that those who experience trauma can experience post-traumatic stress disorder (PTSD), depending in part on how the event is thought about or given meaning, or their appraisal of the trauma.<sup>6</sup> One form of trauma appraisal is determined by a sense of alienation, or feeling disconnected from the self and others. A sense of alienation can influence negatively how strongly linked the traumatic experiences are with subsequent PTSD symptoms.<sup>7</sup> The links between alienation and post-traumatic stress symptoms also show up in survivors of child abuse.<sup>8</sup>

THE IMPLICATION IS THAT WHEN THE VICTIM OF THE TRAUMA EXPERIENCES ALIENATION, THE LIKELY LONG-TERM EFFECT OF THE TRAUMA IS WORSE. CORRELATION TO PTSD, DISSOCIATION, AND DEPRESSION IS HIGHER.9



This makes it likely that children who were already struggling with attachment issues with the family were less equipped to be resilient when faced with abuse trauma and more likely to suffer long-term consequences from the abuse.

### SEXUAL ABUSE IS WELL-KNOWN TO PRODUCE LONG-TERM TRAUMA.

Traumatic stresses such as sexual abuse are associated with alteration in brain structure. Harsh physical punishment can also produce depression and anxiety in children. The child can show less self-esteem or have a sense of powerlessness. Corporal punishment can also have detrimental effects on brain development, though harshness, frequency, and the span of time over which the child is punished all have to be taken into consideration.

A further discussion of complex trauma and its effects, as well as some modern approaches to treatment, is found in the Appendices.



# VIII. INVESTIGATIVE FINDINGS

THE INVESTIGATIVE TEAM INVESTIGATED SEVENTY-TWO CASES OF ALLEGED ABUSE OF FIFTY-EIGHT CAJ ALUMNI BY EIGHTEEN ADULT CAJ PERSONNEL AS WELL AS SEVERAL OTHER CHILD-ON-CHILD OFFENDERS. THE ALLEGATIONS OF ABUSE SPANNED A FORTY-THREE-YEAR PERIOD FROM 1957 TO 2001. WHILE MORE RECENT ALLEGATIONS WOULD HAVE BEEN INVESTIGATED, NOTHING BEYOND 2001 WAS BROUGHT FORWARD.

#### A. GATHERING ALLEGATIONS

Allegations were gathered in several ways. In many cases, alumni had reached out either to CAJ or directly to the Coordinator, who connected them with the Investigative Team. In other cases, allegations were received from other alumni, and the Investigative Team followed up with the alleged V/Ss.

For some allegations, investigators were either not able to obtain sufficient information to support the allegations, or the allegations were too vague to be useful. Some individuals were accused of actions that would not have been considered abuse at that time. Others were accused of actions that would have been considered abuse, but evidence supporting the allegations did not allow the Investigative Team to reach a finding by a preponderance of the evidence.

In some cases, the alleged V/Ss were deceased, or decided that they did not want to participate in the investigation for various personal reasons. In some cases, they did participate in the initial screening interview, but chose not to do the formal interview.

#### **B. CORROBORATED ALLEGATIONS**

THE INVESTIGATIVE TEAM
FOUND EVIDENCE TO
CORROBORATE FORTYSIX ALLEGATIONS OF
ABUSE AGAINST NINE
ADULT OFFENDERS AND
ONE CHILD-ON-CHILD
OFFENDER.

The table on the next page shows the numbers of abuse cases, V/Ss, and offenders, both alleged and corroborated, for each category of abuse. Note that because of overlap, with V/S who alleged more than one type of abuse, or more than one instance of abuse, or offenders who had more than one victim, or committed more than one type of abuse, the numbers do not always correlate well.

#### TABLE OF ABUSE ALLEGATIONS AT CAJ

Category of Abuse	Number of Cases Investigated	Number of Cases Corroborated	Number of Alleged Victims	Number of Alleged Offenders	Number of Corroborated Victims	Number of Corroborated Offenders
Sexual Abuse	37	18	34	10	24	4
Physical Abuse	18	5	17	7	5	3
Emotional Abuse	2	1	2	2	1	1
Inappropriate Behavior	5	14	5	8	9	5
Child-on-Child Abuse	11	1	11	15+	1	1
Total	73	39	69	42+	40	14

# THE FOLLOWING CLARIFICATIONS RESOLVE APPARENT COMPLEXITIES IN THE DATA AND EXPLAIN THE NATURE OF THE FINDINGS OVERALL:

- Some offenders offended against multiple V/Ss. Indeed, some were serial offenders.
- Some offenders engaged in multiple forms of abuse against different V/Ss.
- Some alumni alleged abuse by multiple persons.
- Some alumni were the V/Ss of multiple offenders.
- Some alumni alleged abuse by persons whose identities were unknown and unascertainable.
- Some alumni alleged incidents of abuse involved multiple offenders at once, such as incidents of child-on-child abuse by groups of fellow students.
- Some alumni alleged abuse, but the evidence only corroborated conduct that would be considered inappropriate behavior rather than abuse.
- For some cases, the alleged V/S either declined to participate in the investigation or was deceased at the time of the investigation; thus no finding of abuse could reliably be made without any information from the alleged V/S. For many of these instances, investigators concluded that allegations would have likely been corroborated had the alleged V/S been able to tell his or her story.
- Some alumni alleged only one category of abuse against an offender, but the evidence corroborated two categories of abuse.
- Some alumni alleged multiple categories of abuse against a single offender, but only one category of abuse was corroborated.

# CHILD ABUSE IS NOT SOMETHING THAT CAN BE CATEGORIZED INTO TIDY AND DISCRETE CLASSIFICATIONS

The table is intended to be helpful in quantifying V/Ss, offenders, and allegations as a way of summarizing allegations. It helps show the allegations brought and work that was done on the investigation.

But abuse cases are not reduceable to numerical data.

THIS BREAKDOWN OF THE INVESTIGATIVE
FINDINGS IS IN NO WAY INTENDED TO REDUCE
ABUSE V/SS TO NUMBERS. THE FIGURES
REFLECTED ON THE TABLE REPRESENT HUMAN
BEINGS. THEY REPRESENT PAIN AND SORROW,
AND IN MANY CASES, LONG-TERM TRAUMA.
THEY REPRESENT MANY DIFFERENT SITUATIONS
AND DIFFERENT PEOPLE, EACH OF WHOM HAVE
THEIR OWN UNIQUE STORIES AND STRUGGLES.

#### C. SEXUAL ABUSE

OF THE CASES THAT
WERE SUBSTANTIATED,
TWENTY-FIVE WERE OF
CHILD SEXUAL ABUSE.
THE INVESTIGATIVE TEAM
FOUND THAT ALLEGATIONS
OF SEXUAL ABUSE WERE
SUBSTANTIATED AGAINST
FOUR ADULT OFFENDERS,
ALL OF WHOM ARE
FORMER CAJ TEACHERS
AND ADMINISTRATORS.

# 1. Fourth-grade Teacher at CAJ in the 1960s

Eighteen of the twenty-five substantiated cases of sexual abuse were perpetrated by a single offender, a fourth-grade teacher at CAJ during the 1960s who was presumably a pedophile despite no formal diagnosis.

THE EVIDENCE OF THIS
TEACHER'S PREDATORY
ACTIVITIES WAS
OVERWHELMING, AND HIS
ACTIONS CAN ONLY BE
DESCRIBED AS HEINOUS.

He has been deceased for some time and therefore justice will be provided in another Jurisdiction.

This teacher began abusing children the year he arrived at CAJ, both boys and girls. Abuse occurred in his classroom, at his apartment, in student dorms, in the school infirmary, and even in the home of one student. The abuse that he perpetrated against his students was often open and obvious to other students in the classroom. Several V/Ss report that this teacher would call students up to his desk to "show them something." Once the students were behind the offender's large desk, he would put his hand into their underwear and fondle them. The teacher would also walk around the classroom massaging students' shoulders and putting his hand in their pants.

In addition to teaching at CAJ, this offender also spent time in the boys' dorm as a substitute dorm father. Several V/Ss describe how on the nights when this offender would put the boys to bed, he would go from bed to bed, fondling each boy.

This offender also lured V/Ss into his apartment to abuse them. One V/S described in his account of abuse how he was invited to the offender's apartment and pressured to undress to show the results of a medical procedure on his private parts.

One V/S was abused by this offender in the V/S's own home. The V/S's parents, unaware of the offender's predatory acts toward children, asked the offender to stay with their children while the parents were away. This V/S described the sense of embarrassment, fear, and helplessness he experienced when he was abused by this offender in what should have been the safety of the V/S's own bedroom. He described the sense of intimidation in this way:

... AND HIM HAVING BEEN MY, HE WAS MY 4TH GRADE TEACHER TWO YEARS PRIOR TO THAT AND THE WAY WE ARE ALL RAISED IN JAPAN YOU DON'T STRIKE BACK, YOU DON'T [...] TOTAL INTIMIDATION, DIDN'T KNOW WHAT TO SAY, VERY FRUSTRATED, VERY EMBARRASSED.

This offender's contract with CAJ was eventually terminated when revelations of his abusive activities reached the Board.

# ON SEVERAL OCCASIONS, THE OFFENDER WOULD EXCESSIVELY BEAT THE V/S FOR BENIGN CONDUCT SUCH AS GIGGLING.

#### 2. Art Teacher at CAJ in the 1960s.

Investigators also corroborated multiple allegations against another male teacher who was at CAJ during the 50s and 60s. This teacher had at least four V/Ss, all of whom were male and all of whom were in 11th or 12th grade when the abuse started.

WITH EACH V/S, THE OFFENDER ENGAGED IN EXTENSIVE GROOMING.

This involved establishing personal friendships with the V/Ss, continually giving them compliments, taking them on overnight trips, plying them with alcohol, and giving them massages before advancing or attempting to advance to more overt sexual contact.

The offender even wrote a letter to one V/S threatening to jeopardize his college prospects if the V/S did not reciprocate affection. When the V/S took this letter to the headmaster at the time, the headmaster assured the V/S that he would not permit the offender to follow through on his threat.

This offender refused to participate with the CAJ investigation and was notified that allegations against him would stand unrebutted. He died on June 19, 2021 at the age of 96.

# 3. Headmaster at CAJ in the Mid-1970s

Allegations were also corroborated against a male headmaster at CAJ during the mid-1970s. Investigators found that this offender sexually abused one male student and had inappropriate behavior towards another. One of this offender's V/Ss was subject to sexual abuse on several occasions. The other student experienced highly inappropriate comments.

# 4. Teacher at CAJ in the Late 1990s to Early 2000s

Another incident of corroborated sexual abuse involved a young adult male part-time teacher who began a sexual relationship with a teenage female student. After the student became pregnant, the teacher was fired.

#### D. PHYSICAL ABUSE

The Investigative Team found evidence sufficient to corroborate eight cases of physical abuse involving three different offenders.

#### 1. Dorm Father at CAJ in the 1950s

A dorm father in the boys' dorm during the 1950s was determined to have physically abused at least one male student. On several occasions, the offender would excessively beat the V/S for benign conduct such as giggling. When the student came home on weekends, his parents would find him covered with welts and bruises from the abuse. The student eventually had to be pulled from school and homeschooled because of the abuse.

#### 2. Dorm Mother at CAJ in the 1960s

One offender, a dorm mother at CAJ during the 1960s, was determined to have abused at least three students by administering excessive corporal punishment. She often used a rubber hose as an instrument of discipline, striking students on their bare bottoms and legs, and in some cases leaving welts, bruises, and scarring.

#### 3. Headmaster at CAJ in the 1960s

Another offender, a former headmaster at CAJ, was determined to have slapped at least four students across the face, and to have scratched a student's face with a pin. At least some of these incidents rose to the level of minor physical abuse, but they were all at least inappropriate behavior.

#### **E. EMOTIONAL ABUSE**

The Investigative Team was able to corroborate one allegation of emotional abuse, that a dorm mother at CAJ during the 1960s engaged in emotional abuse against at least one female student. This offender was the same dorm mother discussed above who was determined to have beaten students with a rubber hose.

This does not imply that emotional abuse was rare. In many of the cases of physical and sexual abuse, emotional abuse would have been a component, perhaps the primary component. And undoubtedly in many cases, emotional abuse would be difficult to report or establish after so much time has passed.

#### F. INAPPROPRIATE BEHAVIOR

SEVERAL CORROBORATED
ALLEGATIONS, WHILE NOT RISING
TO THE LEVEL OF ABUSE, STILL
CONSTITUTED INAPPROPRIATE
CONDUCT OF AN ADULT TOWARD
A MINOR.

For example, the same teacher mentioned above who committed sexual abuse against at least eighteen children, also engaged in behavior toward students that was inappropriate, such as sitting them on his lap and asking students to see their surgery scars and the spots from their measles.

FOR LEADERSHIP
CULPABILITY ONE ASKS:
WHAT DID THE LEADERS
KNOW ABOUT THE
ABUSE OF CHILDREN,
WHEN DID THEY KNOW
IT, AND DID THEY FAIL
TO TAKE APPROPRIATE
ACTION IN RESPONDING
TO ABUSE?

In other cases, discipline was excessive and inappropriate, but did not cause any actual injuries to the students.

For some cases, the allegations made against an offender were those of abuse, but there was insufficient evidence to corroborate beyond inappropriate behavior. For example, allegations of sexual abuse against one teacher were not corroborated, but it was corroborated that the teacher had attended a graduation ceremony at CAJ while highly intoxicated and touched students inappropriately as he was congratulating them on their graduation.

In another example, a student alleged physical abuse by a teacher whom he alleged assaulted him violently in front of an entire class of students. Given the disparity of several witness accounts, it could only be corroborated that the teacher in question had engaged in inappropriate aggression against the student.

#### G. CHILD-ON-CHILD ABUSE

The Investigative Team inquired into eleven cases of alleged child-on-child abuse but were only able to find sufficient evidence to corroborate one serious case of abuse. Due to the sensitive nature of the child-on-child abuse that was corroborated, details for that case will not be provided, but it was in effect a group sexual assault.

#### H. LEADERSHIP CULPABILITY

In addition to cases of abuse and inappropriate behavior, the team also investigated leadership culpability. For leadership culpability one asks: What did the leaders know about the abuse of children, when did they know it, and did they fail to take appropriate action in responding to abuse? One component is the appropriate response based on cultural considerations of the day and the standards or training (if any) in place at the time.

In order to be culpable, leadership needed to have knowledge of the abuse or reasonably suspect abuse at the time. At all times, Christian leadership should have recognized that grossly abusive behavior (particularly sexual abuse) is inherently wrong and should have responded.

As previously mentioned, investigators reviewed documents including board minutes, personnel files, and letters from parents.

# INVESTIGATORS CONCLUDED THAT IN SOME CASES, LEADERSHIP FAILED TO ADEQUATELY REPORT OR ACT ON CREDIBLE ACCOUNTS OF ABUSE.

For instance, the response may have been delayed or not as vigorous as necessary. Inadequate responses in some instances failed to safeguard children. In other instances, leadership apparently never knew that abuse was taking place (or there was much more than they were ever aware of). In some cases, action was taken by the leader personally, but all the appropriate stakeholders were not informed, such as the CAJ Board and mission organizations, and most importantly, the missionary parents of the child in their care.

For instance, in the case of the fourth-grade teacher in the 1960s who had so many victims, the Headmaster and Board of Directors agreed to allow him to resign amidst credible, though not numerous, allegations of gross sexual misconduct. However, the missionary parents were never informed of the reason he left. Tragically, at least one child who had reported to his parents regarding this teacher was never believed by his family, causing lifelong trauma. Most of his victims were never identified in that time frame, and investigators made findings that some credible V/S have still not come forward. For the many silent V/Ss of this man, no concerned adult in their lives was aware of what might have happened to them. While it cannot be guaranteed that parental understanding of the abuser's behavior would have changed the outcome for these children, certainly the parents had a right to know the extent of his abusive behavior and to choose how to deal with it in their own families.

HOWEVER, THE
MISSIONARY PARENTS
WERE NEVER INFORMED
OF THE REASON HE LEFT.

FOR THE MANY SILENT V/SS OF THIS MAN, NO CONCERNED ADULT IN THEIR LIVES WAS AWARE OF WHAT MIGHT HAVE HAPPENED TO THEM.

While it is true that the responses of leaders were fairly typical within the culture of many decades ago, as previously discussed, and were not intentionally inadequate at the time, the fact remains that children were at times not adequately protected by leader responses. Knowledge about child abuse was inadequate from a current-day perspective, training for staff and leaders was inadequate, and child protection policies and reporting were not in place through much of the history of the investigation.

EVEN IF THIS REFLECTS THE ERA, IT RESULTED IN EXTENSIVE HARM TO CHILDREN.

# IX. POSSIBLE CONTRIBUTING FACTORS TO CHILD ABUSE AT CAJ

The Investigative Team considered what factors might have contributed to an atmosphere where abuse could happen. The following factors represent the most significant contributing factors to children being vulnerable and subject to abuse, based on input from V/S and alumni. While these



factors may no longer be in place, it is important to consider how a failure to protect children can occur and did occur.

#### A. LACK OF TRAINING AND SUPPORT FOR TEACHERS, DORM PARENTS, AND LEADERS

Many alumni and former staff indicated that there was little to no formal training for teachers and dorm parents at CAJ during the early decades of its operations. Witnesses stated that staff were not properly trained in child protection or in recognizing, reporting, and preventing abuse. One headmaster from this period commented that "CAJ had no guidelines for teacher/student behavior or relations. We had nothing."

In a letter to Telios Law regarding this investigation, one alumnus stated:

SEX EDUCATION
WAS OFTEN
LIMITED TO
PRESENTATIONS
ON
"REPRODUCTIVE
SCIENCE"
IN BIOLOGY
CLASSES.

THERE APPEARED TO BE NO TRAINING OF STAFF (DORM PARENTS AND TEACHERS) IN SENSITIVITY TOWARD THE IMPORTANT PERIOD OF DEVELOPMENT THAT OCCURS DURING EARLY CHILDHOOD YEARS, NOR IN MEETING YOUNG CHILDREN'S EMOTIONAL NEEDS.

Some witnesses pointed to an absence of meaningful sex education at the school as a source of the reticence that caused abuse not to be reported. Sex education was not generally common during this period and was often limited to presentations on "reproductive science" in biology classes. One alumnus shared that the attitude at CAJ was that "sex was dirty, sex was ugly, sex was nasty and sinful so it should be saved for marriage." Alumni described a culture of shame and taboo around sex that created an environment where it could never be discussed and where reporting sexual misconduct was difficult.

Another common complaint among students and staff was that dorm parents were overwhelmed and struggled with the lack of support from CAJ and the Cooperating Missions. Many dorm parents had families of their own and were also responsible for large numbers of dorm students seven days a week. This burden left dorm parents ill-equipped to provide the kinds of attention and oversight necessary to monitor abuse.

This lack of preparation and support for CAJ dorm parents likely contributed to student-on-student bullying and abuse. The dorms were often a place where older students did not care for the younger students but bullied and abused them. Several students said their dorm parents "stood by" and watched the abuse.

#### B. CHILDREN WERE TO BE SEEN AND NOT HEARD

As discussed, the atmosphere at CAJ during its early years was influenced by missionary zeal, "Greatest Generation" austerity, and even Japanese culture. One result of this cultural amalgam was a prevailing sentiment that children were to be seen and not heard. "Children didn't speak until spoken to. Children were taught to respect and obey adults without questions. Children had no voice and no credibility," wrote one alumnus in a letter to investigators.

Another alumnus put it this way:

IT WAS ALSO EXTREMELY DIFFICULT FOR CHILDREN WHO WERE SEEN AS EXTENSIONS OF THEIR PARENTS' MINISTRIES AND WERE TO BE "SEEN AND NOT HEARD" [. . .] WE WERE TO BE KIND, RESPECT AUTHORITY AND OBEY ADULTS, NO MATTER WHAT. CHILDREN HAD VERY LITTLE VOICE OR CHOICE IN WHAT HAPPENED TO THEM.

These notions were often connected with emphases on submission to authority. Ideas about headship and subservience in the nuclear family, the Church, the military, and institutional ministries permeated into dorm life and school life. This put children at the bottom of a hierarchy in which they had no voice and no means to call dorm parents, teachers, and administrators into question.



"The Path to Learning," CAJ Yearbook 1971

STUDENTS HAD LITTLE CONFIDENCE THAT THEIR REPORTS OF ABUSE WOULD BE CONSIDERED AS ANYTHING OTHER THAN CHALLENGING AUTHORITY.

#### C. POOR RESPONSES TO REPORTS OF ABUSE

Even when children did report abuse to an adult, it rarely resulted in immediate action. Even parents sometimes responded to their children's reports of abuse with disbelief, indifference, and even punishment.

# ONE ALUMNUS RECOUNTED HOW HIS PARENTS REACTED WHEN HE TOLD THEM ABOUT HAVING BEEN SEXUALLY ABUSED BY A TEACHER AT CAJ:

I told my parents at dinner, and they were shocked [. . .] there was a PTA meeting coming right up. They went to the PTA meeting and talked to [the offender] and [. . .] when they got home that night, I got my mouth washed out with Borax soap on a toothbrush for lying cause he told them that I was making it up and he convinced them that I had a vivid imagination and mistook something or whatever and I was grounded for that summer. I couldn't leave my room except for dinner [. . .] I got whipped severely with a belt, and I remember my mouth burning with Borax soap. I was labeled by the rest of the family [. . .] liar, you are a liar, liar pants on fire, and they called me William Tell because I tattled and told a lie [. . .] [The offender] really messed with me. He screwed me up good. My family kind of rejected me. I was labeled the liar [. . .] I felt my family didn't love me.

Several alumni interviewed recounted that their reports to parents and dorm parents fell on skeptical and apathetic ears. "If children reported abuse, adults assumed they were fantasizing or misconstruing those events," said one alumnus.

Incredulity and nonchalance were not confined to parents and dorm parents. And disregarded reporters of abuse were not just children. Warnings, concerns, and reports of suspected abuse from parents, Board members, and even

staff were not always responded to by headmasters and others in leadership. At least one former staff member stated she was ostracized by administration and ultimately terminated for having expressed concerns about one offender's suspicious behavior with children.

"IF CHILDREN REPORTED ABUSE, ADULTS ASSUMED THEY WERE FANTASIZING OR MISCONSTRUING THOSE EVENTS"

#### D. MISSION, NOT FAMILY, WAS THE HIGHEST PRIORITY

Another aspect of the unique culture at CAJ was a prioritization of mission over family. Many MKs expressed that in each of their families, it was made perfectly clear that the Gospel was their parents' highest calling, not their children. This seemed to missionary parents and missionary organizations a compelling justification to place children into boarding schools.

Emphasis on mission discouraged reporting issues that might negatively affect the Christian witness in Japan or otherwise hamper missionary work. It also created an environment where parents were often preoccupied with what they considered to be of higher priority than keeping tabs on their children and being attentive to indicators that might have raised the suspicion of abuse.



#### E. A CODE OF SILENCE

A fifth factor that likely contributed to an atmosphere in which abuse went unreported, and was perhaps a culmination and result of other factors, was a "Code of Silence." Alumni often observed that students simply did not talk to adults about the abuse that they experienced or witnessed. This not only kept students from reporting abuse, but also kept adults from reporting inappropriate behavior of other adults.

Many incidents of abuse and suspicions of abuse went unreported until the V/S were much older. This allowed serial offenders during the 1960s and 70s to abuse children repeatedly with impunity.

These five interrelated factors were pointed out by many of the MKs who were interviewed in this investigation.

UNDERSTANDING HOW THESE FACTORS COMBINED TO CONTRIBUTE TO INSUFFICIENT PROTECTIONS FOR CHILDREN WILL HELP CAJ AND THE SPONSORING ORGANIZATIONS FOR THE FUTURE.



# X. CURRENT POLICIES AND MOVING FORWARD

# A. CAJ'S CURRENT CHILD PROTECTION POLICIES AND PROCEDURES

Starting in 2002, CAJ implemented a modern Child Protection Policy to ensure that child abuse is never permitted to happen again.

CAJ's Child Protection Policy requires extensive screening of all applicants for any staff position and requires staff to participate in annual child abuse training and review of the policy.

The policy mandates that all staff must report any suspected abuse or neglect of a child and specifies the procedures for reporting promptly and effectively. The policy sets forth a process for speedily and thoroughly investigating all reports of child abuse and neglect and outlines the appropriate remedial measures to be taken, as well as the penalties and consequences for violations of the policy. A copy of CAJ's current Child Protection Policy is provided in the Appendices of this Summary Report.

In addition to the provisions of the Child Protection Policy, CAJ also requires staff and volunteers to review, agree to, and sign a Code of Conduct for Child Safety. This document states that CAJ staff and volunteers must observe and consider three primary principles in any setting where children are present:

1

#### **VISIBILITY**

*Is it possible for others to see me?* 

2

#### **ACCOUNTABILITY**

Do others know where I am and what I am doing? 3

# APPROPRIATE USE OF POWER

Do students feel safe in my presence?

PERSONNEL ALSO ACKNOWLEDGE THAT THEY ARE ALL MANDATORY REPORTERS OF ANY DANGER TO A CHILD'S SAFETY.

The Code of Conduct makes all staff and volunteers explicitly aware of CAJ's policies and restrictions pertaining to physical contact, discipline, communication, and relationships with children. Personnel also acknowledge that they are all mandatory reporters of any danger to a child's safety. A copy of CAJ's current Code of Conduct for Child Safety is provided in the Appendices of this Summary Report. Child protection policies from the Sponsoring Organizations are also provided in the Appendices.

#### **B. DESIRED OUTCOMES FROM ALUMNI**

In a survey conducted by the CAJ ASSG, CAJ alumni were asked to identify the most important outcomes they wanted from this investigation. All alumni surveyed stated they wanted acknowledgment of past failures by CAJ and the Sponsoring Organizations to protect students. 95% of those surveyed said they wanted survivor accounts to be treated in such a way that all survivors feel heard. The same number stated that they wanted accountability for living abusers through reports to law enforcement, churches, and ministry organizations.

Alumni commented on how they thought this investigation would provide resolution for them. The following are a sample of responses from alumni:

AS A SURVIVOR, IF
THERE IS AN ADMISSION
OF WRONGDOING, AND
IF I AM HEARD AND
ACKNOWLEDGED WITH
COMPASSION, I BELIEVE
THIS WOULD PROPEL
ME FORWARD IN MY
JOURNEY OF HEALING.

I HAVE BEEN TOLD
BEFORE WHEN I
BROUGHT UP THE ISSUE
AT REUNIONS THAT IT
WAS NOT PROPER TO
TALK ABOUT AND THAT
THE PEOPLE I WAS
REFERRING TO WERE
THE NICEST PEOPLE
AND I SHOULDN'T TALK
ABOUT THEM THE WAY
I DID, SO LET'S TALK
ABOUT THEM AND
WHAT THEY DID TO US.

I SEEK SOME CLOSURE FOR THOSE WHO SUFFERED MORE THAN I EVER DID, AND SO I STAND WITH THEM IN THIS ACTION AS MY PRIMARY PURPOSE. IF CONTRIBUTING SOME SMALL PART OF MY STORIES HELPS THEIR STORIES TO BE QUALIFIED AND ACKNOWLEDGED. I WILL HAVE ALSO FOUND RESOLUTION IN THIS EFFORT.

During witness interviews, investigators asked alumni what they desired in terms of an outcome from this investigation. Some expressed that they wanted a more meaningful apology from CAJ. Some expressed that they wanted transparency. Others wanted accountability, others closure, and others healing. Some alumni expressed that they wanted people to better understand the lingering effects of child abuse and the consequences of inadequate prevention.

THE MOST COMMON RESPONSE FROM ALUMNI DURING THIS INVESTIGATION WAS THAT THEY WANTED TO SUPPORT THEIR CLASSMATES AND FRIENDS AS A MEANS OF ADVOCATING FOR THEM AND HELPING THEM HEAL.

Perhaps the unique finding made in this investigation is the admirable degree of authentic solidarity, cooperation, support, and encouragement among CAJ alumni. This investigation uncovered a great deal of darkness and terrible abuse. It exposed wickedness and revealed the pain that many continue to experience. But it also discovered the hope, comfort, strength, and healing that many alumni have found in their faith or in their lifelong connections with fellow students with whom they shared many common experiences, both good and bad.

For more information about the Alumni Response, please see the Appendices.

#### C. RECOMMENDATIONS FROM THE REVIEW PANEL

The Review Panel met for three days in May of 2021. The three representatives encompassed the following experience: alumni of CAJ (but not a V/S), ministry leader, U.S. Army General, parent of MKs, organizational Child Safety representative, forensic psychologist and abuse expert. The Logistics Coordinator of the investigation attended to provide detailed information, and Ms. Sidebotham facilitated as Coordinator, but they did not function as members of the Review Panel.

# THE REVIEW PANEL, AFTER REVIEWING THE REDACTED MASTER REPORT AND A PRESENTATION FROM THE ALUMNI REPRESENTATIVES, MADE THE FOLLOWING GENERAL RECOMMENDATIONS, AS WELL AS RECOMMENDATIONS RELATED TO CERTAIN INDIVIDUALS.

- 1. PROVIDE ACCESS TO THE ALUMNI PRESENTATION TO THE SPONSORING ORGANIZATIONS AS WELL AS AN ALUMNI VOICE FOR THE PUBLIC REPORT.
  - A. This is being done in cooperation with the Alumni Representative. The Alumni Representative and a colleague will share a detailed presentation of the alumni perspective with leadership from the sponsoring organizations. They have also prepared the Alumni Response in the Appendices.
- 2. PROVIDE THE BUDGET AND OPPORTUNITY FOR A COMMEMORATIVE PLAQUE OR WORK OF ART IN COOPERATION WITH ALUMNI.
  - A. The CAJ Board has approved this and will work with alumni to create a memorial to child safety that honors those who suffered in the past while being suitable for viewing by children of today.
- 3. PROVIDE A RETREAT FOR ALUMNI STAFFED BY A RESTORATIVE JUSTICE ORGANIZATION.
  - A. Details are being worked out for a retreat. First steps will be to do an alumni survey to determine level of interest and what size of retreat facility will be needed. The current concept is that a restorative justice professional will help to facilitate discussion and make sure voices are heard.
- 4. APOLOGIES SHOULD BE MADE WITH CARE AND CONSIDERATION.
  - A. The Sponsoring Organizations are working with people experienced in trauma to better understand their proposed apologies.

#### 5. HAVE PROTOCOLS IN PLACE FOR DELIVERING INDIVIDUAL APOLOGIES.

A. The Coordinator of the investigation is working with the Alumni Representative to determine appropriate ways to notify alumni and deliver packets.

#### 6. CREATE A TRUST FUND FOR COUNSELING.

- A. While the Sponsoring Organizations are working on details, finances will be made available for counseling through a third-party provider.
- B. This fund will initially run for five years, then will be reevaluated based on requests and interest from alumni.

# 7. USE A MODEL TO SERVE COUNSELING REQUESTS THAT IS MANAGED AND HAS GUIDELINES, BUT THAT DOES NOT REQUIRE PERSONAL INFORMATION BEING GIVEN TO THE SPONSORING ORGANIZATIONS.

A. Plans are being made to do this in a way that will ensure an adequate quality of care while not providing any personal information about those receiving counseling to the Sponsoring Organizations.

# 8. CURRENT CAJ CHILD SAFETY POLICIES SHOULD BE REVIEWED EVERY OTHER YEAR BY AN INDEPENDENT SOURCE.

A. This already happens regularly through accrediting organizations. Also, there are currently no dorms at CAJ, and all teachers are fully credentialed.

#### CURRENT CHILD SAFETY POLICIES OF THE OTHER SPONSORING ORGANIZATIONS SHOULD BE REVIEWED EVERY OTHER YEAR BY AN INDEPENDENT SOURCE.

A. This is in place and the other Sponsoring Organizations have committed to this on an ongoing basis.

#### 10. ENGAGE IN A RISK EVALUATION WITH STUDENTS OF CAJ.

A. This risk evaluation is in process and will be done by an external organization both initially and from time to time thereafter.

# D. COUNSELING AND RESOURCES FOR THOSE AFFECTED BY ABUSE

CAJ and the Sponsoring Organizations are making counseling available for V/S at CAJ through a third-party provider. Important: to receive counseling, it is not required that the V/S participated in the investigation, or if he or she did participate, it is not required that the allegations were substantiated. CAJ and the Sponsoring Organizations realize that not everyone may have been ready to come forward, and acknowledge the difficulties of substantiating abuse in historical investigations.

Watch for further details to come about counseling. In the meantime, if you are a V/S who wishes to seek counseling, please reach out through the www.cajhistoricalinvestigation.info website contact form with your request for counseling.



### **FOOTNOTES**

- 1. See Investigative site for the Christian Academy in Japan, Telios Law, CAJhistoricalinvestigation.info. (page 8)
- 2. It was not scientifically rigorous for numerous reasons, including a small sample size and the assumption that individuals would be able to accurately monitor their own changing views over the course of their lifetime. (page 12)
- 3. However, it may be considered emotional abuse as well as inappropriate behavior. (page 14)
- 4. And in addition, many missionary men would have been former servicemen. (page 21)
- 5. Article 3 of CAJ Ziadan Houjin Act of Endowment. (page 23)
- 6. Rachel McIlveen et al., A Meta-Analytic Review of the Association Between Alienation Appraisals and Post-traumatic Stress Disorder Symptoms in Trauma-Exposed Adults, 33(5) Journal of Traumatic Stress 720-730 (2020). (page 32)
- 7. *Id*
- 8. Rachel McIlveen et al., *Exploring the relationship between alienation appraisals, trauma, post-traumatic stress and depression*, Psychological Trauma: Theory, Research, Practice, and Policy, doi: 10.1037/tra0000523, available at https://pubmed.ncbi.nlm.nih.gov/31738074/ (advance online, November 2019). **(page 32)**
- 9. *Id.*
- 10. (Akemi Tomoda et al., *Reduced Prefrontal Cortical Gray Matter Volume in Young Adults Exposed to Harsh Corporal Punishment*, 47 (2) Neuroimage T66-T71, doi: 10.1016/j.neuroimage.2009.03.005, available at https://pubmed.ncbi.nlm.nih.gov/19285558/ (2009). **(page 32)**
- 11. Christina M. Rodriguez, *Parental Discipline and Abuse Potential Affects on Child Depression, Anxiety, and Attributions*. 65(4) Journal of Marriage and Family 809-817 (2004); Michele Knox et al., *History Postpartum Depression and the Odds of Maternal Corporal Punishment*, 33(4) Families Systems Health 395-399 (2015). **(page 32)**
- 12. Murray A. Straus, *The Primordial Violence: Corporal Punishment by Parents, Cognitive Development, and Crime*, Walnut Creek CA: Altamira Press (2003). **(page 32)**
- 13. Tomoda, supra note 10. (page 32)

### **IMAGE CREDITS**

# IMAGES FROM CAJ MATSU YEARBOOKS:

**1960:** Cover of *Matsu* yearbook, Page 18. Girl in science class, Page 40.

**1961:** Landscape photograph, Page 3. "And don't forget to....Love, Mommy," Page 32. Boys in a tree, Page 33.

1968: Recess Group, Page 8.

**1969:** Campus building, Page 19. Snowy campus, Page 48.

1971: "The Path to Learning," Page 41.

1975: CAJ Board of Education, Page 30.

**1977:** CAJ wall and sign, Page 6. Japanese tower, Page 44.

1984: City lights at night, Page 24.

**2012:** Snow day outside of CAJ, Page 25.

# IMAGES COURTESY OF HIRAIWA KAZUO:

"HigashiKurume Ticketing Office," Page 12.

"Waiting for Dinner," Page 13.

"Entrance to CAJ Campus," Page 16.

"Shimizu's Store Outside School Entrance," Page 20.

"HigashiKurume Station 1965," Page 23.

#### **IMAGES COURTESY OF CINDY IVES:**

"Handing out Tracts," Page 21.

Two girls holding hands, Page 22.

# IMAGES COURTESY OF ENGEMAN FAMILY:

"Joanie, 1966," Page 23.

"Train," Page 26.

"Stew Waiting for the Train to Return to CAJ," Page 28.

# IMAGES COURTESY OF DEBBIE RHOADS:

"1973 Matsu," Cover Image.

*"Matsu* – 1974 Student Body," Inside Cover Image.

"CAJ Campus 1950's," Page 2.

"Aerial View of CAJ Campus," Page 17.

"1966 Matsu," Page 27.

"Matsu – Elementary Boys Dorm," Page 43.

#### **OTHER IMAGE SOURCES:**

Stillfried & Andersen, Publisher. Samurai or Retainer Kneeling Before Government Official or Daimyo. Photograph. Retrieved from the Library of Congress, www.loc.gov/item/2009632874/, Page 21.

Excerpt from 1976 Board Minutes, Page 31.

# **APPENDICES**

#### **APPENDIX 1**

Sponsoring Organization Apologies

#### **APPENDIX 2**

Summary Statement from the CAJ Abuse Survivors Support Group

#### **APPENDIX 3**

When Children Must Learn to Live Without Love



#### Dear CAJ Alumni,

It was over 2 years ago when I began to hear from alumni about abuse that had occurred to them and among them while they were students at CAJ. When I first learned about this, my heart ached, and it has continued to do so.

I recognize in a new way that I have a voice, and that in this tragic situation, I have an opportunity to speak out on behalf of CAJ against injustice, abuse, and exploitation. CAJ cannot move forward as a school that continues to equip students to serve Japan and the world for Christ while ignoring the sins and wounds of the past. It is my role to lead this community in repentance for these sins, with the hope of fostering healing.

I sincerely ask forgiveness for the failure of leaders in the past to recognize mistreatment and abuse of children in our care.

As we listened and learned through this process, we acknowledge that we failed our responsibilities in several ways that are laid out more specifically in the investigation report.

- CAJ staff members were often not well screened or properly trained, and the school did not have a child protection policy in place for many years.
- Some of these staff members misused their position of trust and abused children in their care, often without consequences or without sufficiently serious consequences.
- The prevailing cultural understanding was that children were to be seen but not heard, and they were sometimes ignored or even silenced if they spoke up.
- We did not have any real understanding of the sense of abandonment felt by many children as their secure attachments to their parents and families were compromised by being placed in boarding school, in many cases causing them lifelong pain.
- CAJ's administrators and directors did not truly listen to children's descriptions of their abuse when they were brave enough to speak up and did not understand the longstanding impact and trauma of abuse.
- The priorities of "mission" and "ministry" were sometimes placed higher than the welfare of children, who were burdened with guilt if they interfered with those priorities.
- Various respondents described a code of silence at CAJ: children did not feel safe to report abuse, and adults did not discuss what abuse meant.

We cannot truly be the place we want to be without acknowledging the sins and mistakes of the past. For these failures we humbly seek forgiveness from those who suffered and may continue to suffer as a result, and from the Lord.

CAJ takes very seriously the recommendations from the Review Panel of the investigation. We hope that certain of these, like providing a memorial, counseling, and an alumni retreat, will help to begin the process of healing and reconciliation. For those of you seeking reassurance as to CAJ's current policies and procedures and the current attention to the safety of children, I refer you to the information provided in the Summary Report.

To those who participated in various ways in this investigation, I thank you. Telling your stories must have been unimaginably painful and difficult, and despite this, many alumni courageously shared their pain out loud. For those who were not ready to share, we acknowledge the time was not right for you. We are grateful to the team at Telios Law who have conducted this investigation in a professional and compassionate manner.

I am personally thankful for CAJ's current Board of Directors who have supported this effort from the very beginning and endorse this communication. I am also grateful to the leaders of 4 of our sponsoring missions: Serve Globally, a mission of The Evangelical Covenant Church, Resonate Global Mission (formerly Christian Reformed World Missions) TEAM, and WorldVenture (formerly Conservative Baptist Foreign Mission). They demonstrated their care for CAJ alumni by investing time and finances into this collaborative investigation. These groups join with me in our grief over the past and our sincere desire for healing in the lives of all those who have suffered.

Yours sincerely,

Anda Foxwell Head of School

Christian Academy in Japan

anda M. Fojwell





January 14, 2022

#### <u>The Evangelical Covenant Church Responds to</u> Findings from Christian Academy of Japan Investigation

As a founding organization of the Christian Academy of Japan and member of the Board of Directors, the Evangelical Covenant Church is deeply grieved and laments the perpetual abuse that occurred during the 1950s and 1960s at the Christian Academy of Japan (CAJ).

For our lack of awareness of the abuse that was allowed to continue, we lament. For not having better policies and procedures in place to protect those who are most vulnerable, we are sorry. For failing to provide students with a wonderful learning experience, we are so sorry.

While we know we cannot take away the trauma and pain experienced, we are working to help provide care and healing. We are in full agreement with the recommendations of CAJ alumni and are working with Telios Law, CAJ alumni, and partner mission organizations to implement those steps. Policies and procedures have been put in place with the hope that no abuse of any kind ever happens again at the Christian Academy of Japan or elsewhere. We are committed to continuing the preventative work that has already begun.

We pray that those impacted experience God's love and healing, as well as the care they need and deserve.

John S. Wenrich, President Evangelical Covenant Church

The Stewn

Curtis D. Peterson, Executive Minister, Serve Globally Evangelical Covenant Church

Seute D. Retern

# Statement Regarding the Summary Report of Child Abuse at Christian Academy in Japan.

In May of 2019, Resonate Global Mission launched a joint investigation into allegations of abuse at one of our ministry partners, the Christian Academy of Japan (CAJ). The joint investigation, initiated at the request of the survivors themselves, was conducted in partnership with CAJ and three of the other six sponsoring agencies: ECC-Serve Globally, the Evangelical Alliance Mission (TEAM), and WorldVenture. The public report from that investigation is now complete. In response to the findings of the investigation, Resonate Global Mission wants to provide the following statement:

Scripture tells believers to walk with God in the light of truth. As the staff of Resonate Global Mission, we confess that we are guilty of walking in darkness, and that it was those who have been abused, deceived, and ignored who have shined a bright light into that darkness. We were wrong. We now desire to stand with you in that light and grieve with you. We desire to listen to you. We repent of all the sins and failings that your light has exposed.

We, as members of the body of Christ, must not only speak out against abuse within the church and its institutions, but also act to ensure that the church's future will be better than our past. It is because of this desire for healing, accountability, and redress, that we have fully supported and complied with the investigation into any and all allegations of abuse at CAJ.

The investigation has documented countless disturbing reports of grievous sexual, physical, emotional, and spiritual abuse of children at CAJ. It makes clear that during this period, we as an agency employed staff who abused children, hurtfully dismissed the concerns of abused children when they were raised, and failed to swiftly address inappropriate behavior. Additionally, it is clear that many children of missionaries were made to feel that their concerns and wellbeing were a secondary to the work of mission. We acknowledge and accept the conclusions that have been made in the report, conclusions that grieve us deeply.

We want to also acknowledge the courage of the survivors of abuse who shared these horrifying experiences with investigators. We want to thank you for your willingness to speak these difficult truths. We pray for you knowing that this is just a single step in the journey of healing. It is our hearts' desire to shed light on these painful incidents and to learn all we can from them so that it will never happen again.

While Resonate no longer directly operates International Christian schools, as a result of these revelations, we have conducted a thorough review of the policies and procedures for Resonate staff that prevent and address abuse, including:

- Code of Conduct: referring to situations of abuse–approved May 2007
- Abuse Prevention and Reporting Policy for Agencies and Education Institutions of the Christian Reformed Church–approved by the BOT May, 2002
- Violence in the Workplace: referring to sexual abuse–added to the Employee Handbooks in 2010
- Annual abuse-prevention training with special modules for supervisors in reporting and compliance
- Discrimination and Harassment Policy: covers sexual abuse
- Whistleblower Policy: protection for those reporting illegal or dishonest activity

- Independent "third party" reporting system available to all employees—Implemented in 2021
- **New covenant for office-bearers** in the CRCNA that has—approved by board (to be submitted to its synod, or annual assembly, for ratification).
- **Compulsory comprehensive background checks** for all employees and volunteers—began in 2007.

These events expose the troubling instinct of the church to protect its structures and institutions at the expense of its children. We have failed to exemplify the love and compassion of Christ and recommit ourselves to a mission of truth, trust, and humility. Resonate Global Mission is committed to continuing to work with the survivors of abuse and implementing the recommendations from the investigation report. It is our desire to do all we can to assist in the healing of those who have been abused and who continue to experience trauma as a result of these tragic events.



#### TEAM Apology Regarding Christian Academy of Japan

January 13, 2022

The Evangelical Alliance Mission (TEAM) grieves the appalling offenses that occurred at Christian Academy of Japan (CAJ), and we are deeply sorry. The findings of the report from Telios Law are heartbreaking, and we understand there is no time limit on the Alumni's pain and grief.

All the Alumni who suffered harm and their families are at the forefront of our minds and hearts. We are so sorry for the pain they experienced, and we grieve that TEAM directors, staff and missionaries failed to properly protect the children entrusted to our care.

Since the commission of an independent investigation into the treatment of students at CAJ, our prayer has been for God's light and truth to be known - redeeming, healing and protecting in ways beyond our understanding.

We are fully accountable before God for former staff and missionaries' treatment of students under their care and for failures of TEAM directors to intervene on their behalf. We are profoundly saddened about this situation. We faithfully adhere to our present child safety policies, and we resolve to periodically review them to ensure that no child under our care should ever again have to endure such injustice.

We agree with the 10 general recommendations of the CAJ Review Panel, provided to us by Telios Law. We commit to work with the CAJ Alumni in the coming months and years to implement these recommendations, clarify them where necessary and actively pursue the spirit of healing and restoration that the recommendations embody. We also support the CAJ Review Panel's specific recommendations and have already taken steps to express our sorrow and desire for healing to individual Alumni.

We continually pray for healing, comfort and restoration for the CAJ Alumni, their families, and those who share their burden of suffering.

**TEAM Board of Directors** 



January 10, 2022

Dear Christian Academy in Japan Community,

On behalf of the CBFMS/WorldVenture community, I apologize and desire your forgiveness for the historic abuses and injustices committed against you as missionary kids at CAJ.

Having read the reports provided to us by the Telios Law Firm, I grieve deeply for you in suffering such abuses. There is one sentence in the *Summary Statement from the CAJ Abuse Survivors Support Group* that I will never forget and I believe cannot be ignored: "Crimes against the humanity of children were committed."

As the husband of an adult MK/TCK and the father of two adult MKs/TCKs, I am sickened and angry that people in positions of trust would violate you and their sacred trust to care for the vulnerable entrusted to them. As a leader, I am disturbed by the failures of school and mission leaders to act in a timely manner on the abuse complaints that some of you registered with them. I realize that in some cases, no complaint was ever registered, and it breaks my heart that you didn't feel safe or empowered to report the abuse.

But, I am deeply grateful and humbled by the courage and vulnerability you've shown and for your willingness to participate in the third-party investigative process to make these abuses known.

We can't undo the abuses that occurred at CAJ, and yet, perhaps there can be some measure of healing and hope. In light of the recommendations from the CAJ Alumni Group and the Review Panel's work on the investigation, WorldVenture is grateful for the admonition, wisdom, and practical steps you've provided to us. We are taking action, including enacting new standards and training to avert this type of abuse from happening to others.

I pray that our Heavenly Father will do what only He can do in the midst of your pain, grief, and loss—bring beauty from ashes.

Yours in Christ Jesus,

Jeff Denlinger, President

WorldVenture (formerly CBFMS)

# SUMMARY STATEMENT FROM THE CAJ ABUSE SURVIVORS SUPPORT GROUP

#### BACKGROUND

Since Autumn 2017, concerned alumni of the Christian Academy in Japan (CAJ) have endeavored to shed light on abuses – sexual, physical, emotional and spiritual – that have occurred since the school's beginning in 1950. Heartbreaking reports surfaced on alumni Facebook sites, through class reunions and other alumni relationships.

**Abuse by Commission** was perpetrated by adults and students. **Abuse by Omission** was committed by adults failing in their responsibility to protect vulnerable children placed in their care and failing to report abuses to parents and proper authorities. Abuse happened in classrooms, the infirmary, playgrounds, the gym, dormitories and mission hostels. Crimes against the humanity of children were committed. Lives have been forever impacted by the damage. Addictions, suicides, homelessness, imprisonment have all left a trail of sorrow. A high number of premature deaths due to illnesses and accidents have broken hearts of families left behind. Seventeen missionary families have lost two children and at least one family has lost three. Sadly too, as a result of their trauma, some siblings have become so estranged they have no clue how to contact one another.

On February 6, 2019, a concerned group of alumni sent a letter to the CAJ Head of School and Board of Directors representing the six founding missions, listing 66 credible allegations and calling for resolution and justice regarding this history of abuse. They asked for an investigation via a reputable, independent and mutually agreed-upon agency. The letter was signed by 81 alumni including abuse survivors, siblings, and supporting peers. This formal request was the culmination of more than a year of communication with the CAJ Head of School and Board of Directors, including submission of six signed first-hand accounts from courageous survivors.

Anda Foxwell, Head of School, and four of the six founding mission boards responded quickly and contracted with Telios Law, a firm with prior investigative experience in schools for missionary kids (MKs). SEND (formerly Far Eastern Gospel Crusade) chose to do a separate investigation of allegations against FEGC staff during the 1960's and 1970's. Alumni are very disappointed to have no explanation from OMS as to why it has not participated.

Alumni representatives chose to fully engage with the investigations and active participation with Telios began almost immediately. At the invitation of Theresa Sidebotham (independent counsel, Telios Law), they designated Deborah Rhoads (Class of 1972) to represent survivors throughout the investigation. By August 2019, screening and in-person interviews with alumni were set up by both the Telios and SEND investigations. Led by Deborah, the alumni group has worked in good faith with Telios investigators and Theresa Sidebotham. Alumni especially appreciate the latter's willingness to incorporate a new strategy – alumni representation at key steps in the investigation.<sup>2</sup>

Deborah and other alumni reached out to encourage participation from known abuse survivors, as well as classmates, dormmates and former CAJ staff who could corroborate their experiences. Alumni insisted that survivor privacy be maintained, and additional trauma minimized throughout the process.

Brenda Seat (Class of 1976), co-presenter with Deborah Rhoads at the Telios Review Panel meeting in May 2021, described survivor angst during investigator interviews.

This was a costly and self-sacrificing choice that many of us made. For many, myself included, we had dealt with, buried or covered over these painful stories and had lived our lives. When we approached CAJ and the founding mission boards early on in this process, we wanted to have our concerns and stories acknowledged, to work with these self-professed Christian institutions to create safe places for children to thrive and grow. Instead, we were ignored and our stories dismissed as "something that happened decades ago" and therefore irrelevant.

To then have to push to be heard and ultimately dredge all that pain up again, creating a raw wound where there were scars, is not something we did lightly or thoughtlessly. As one participant said, "I feel like none of the 'adults' in this saga got hurt at all and the victims had to relive the atrocities that happened to them, even after our grievances were heard and ignored.... I feel like we are a bunch of children told to jump into the feather bin and fluff it all up, only to find that the feathers turned out to be little razor blades of our past opening up the scars we carry today."

NOTE: See additional alumni reactions in *Addendum*.

#### **LOST CHILDREN**

At meetings with investigators and then Review panelists, the alumni representatives clarified CAJ's unique background:

- Missionaries who responded to both God's call and Gen. Douglas MacArthur's plea for a WWII conquered nation, necessitating formation of a school for their children.
- A campus on the rural outskirts of Tokyo in what was the emperor's old dairy, where cow barns became classrooms.
- A school for MKs founded within the Japanese host culture that strangely mirrored the missionary community itself. Retrospectively, CAJ alumni now realize both were cultures in which obedience, sacrifice, silence and endurance were expected of women and especially children.
- A student body composed of:
  - o Fulltime boarders who often spent months at the school without seeing their families.
  - o Five-day boarders who traveled long distances home on weekends, sometimes unaccompanied, even at the age of six.
  - Day students, many commuting two-plus hours each way on Japan's jammed mass transit system, infamously known for its sexual gropers. (Today there are "Women Only" train cars during peak rush hours to deal with this problem.)
  - o Ever **obedient** and **silent**, understanding that theirs was a role of **sacrifice**, many children never told parents of their harrowing abuse and frightening travel experiences.

As with MK survivors from similar schools worldwide, concerned CAJ alumni now recognize that missionary parents' focus on "the Lord's work" was often to the detriment of their children, a **tragic underbelly of mission life**.

As noted previously, there was the failure of responsible adults entrusted with precious lives of children who were not their own. There was failure to take appropriate action when abuses by both adults and students were reported. In one case, this was justified by school administrators who speculated that the family didn't want their child labeled the victim of abuse, as if shame

for the abuse lay with the latter. At the same time, **abusers silenced victims** by threatening the mission work of their parents.

What irony that while parents spent their lives preaching the gospel, a significant number of CAJ alumni - their children - have rejected that gospel and left the church! The phrase "in a Christ-like manner" is a painful trigger for many abuse survivors.

"It is critical that CAJ and the founding missions understand the spiritual struggle that adult survivors of childhood abuse at CAJ and in the larger missionary community experience. We are not faithless, weak, apostate, hostile people. We had our childhood faith stolen from us before it could grow into a mature expression of belief. And that was done by some of the very people tasked to nurture, train and care for us." – CAJ survivor

Most living alumni who experienced abuse at CAJ are adamant they want to be recognized as Survivors, not Victims. Yet there are victims who did not survive - those deaths due to suicide (at least ten), addictions and many chronic illnesses. Some of these were clearly linked to childhood abuses at CAJ.

#### JUSTICE AND HEALING - DESIRED OUTCOMES

The early call from alumni was for Justice and Healing. That hope remains. But **Justice** is difficult when most identified abusers and responsible parties are dead and when acts of child maltreatment were committed in Japan, outside US legal jurisdiction and before the Child Protection Act of 2003.

**Healing** remains a nebulous goal, not something to be gratuitously bestowed upon survivors by the school and mission boards. Rather, alumni hope that the latter look within their organizations and cultures to accept culpability and see the necessity for change. At its heart, **Justice** seeks for restoration of both offender and victim. This is a **healing path** forward for all those impacted by historical abuses at CAJ.

In one of the earliest first-person letters to the CAJ board, an alumnus wrote:

"Having been the Executive VP of a large international and interdenominational mission organization, I understand on some level the difficult position you all are in. I also understand that this abuse did not happen under your watch. However, I firmly believe that the biblical notion of corporate repentance, that is modeled in Scripture by Nehemiah and Daniel (Nehemiah 1 and Daniel 9), and that God honored, requires that we acknowledge the sins of previous generations as our own. To do less is to compromise the integrity of the institutions we lead.

I know that in a culture like Japan, shame and honor are very big. But, when the God of Israel wrote, through his servants, the history of his own people (who also lived in a shame and honor culture) he had them write an unvarnished history with the failures of the greatest of them like David. Can we as servants of God do any less today?

Jesus took this kind of abuse very seriously when he said that if anyone harms the faith of a little child it would be better that a mill stone be hung around their neck and be cast into the sea. You know that the children of my generation will never get justice. But you could give them some peace that the Board of the school they attended deeply regrets what happened."

The late Paul Rhoads, Abuse Survivor, Class of 1970

To solicit input for **desired outcomes** from the investigations, the alumni group used a variety of methods, including two surveys on the closed Facebook page, CAJ Abuse Survivors Support Group (ASSG). High on the response list was the **desire to have survivor voices heard**. That has been partially accomplished through the investigative interviews. But without an appropriate response and action by the school and mission boards, those voices will have been in vain.

**True repentance for past failures** at CAJ was also requested by alumni. This was described as more than expressing regret or an apology. True repentance should be demonstrated by concrete and public actions which are described in the RECOMMENDATIONS below.

Furthermore, concerned alumni **do not want history repeated**. There will always be predators seeking out the vulnerable, but alumni want assurance that CAJ has truly learned how to be vigilant, proactively responding to reports of child maltreatment, properly reporting to law enforcement when crimes are committed and to intervene, support and bring all necessary clinical and support resources as quickly as possible to children who are abused.

CAJ and the founding missions still form a very insular community, which history and current reports of abuse within the evangelical community have shown to be fertile ground for child maltreatment. Even with a Child Safety Protection program in place, CAJ needs to open its systems, create opportunity for third party evaluation of its practices, regularly review protocols and talk with the entire student body about mechanisms for reporting abuse. School Board members also need to be well educated on child safety protocols. Looking back, concerned alumni and staff recognize that no such guidelines were in place when many abuses took place. Many alumni are also discomfited to realize a parent of theirs was serving on the Board when these abuses happened.

#### RECOMMENDATIONS

#### Public and fulsome acknowledgement of wrongdoing.

CAJ alumni survivors have been very clear. General apology statements and letters of regret are not enough. Too often Christian organizations say, "We're terribly sorry it happened, but this was before our time, and we're quite sure it won't happen again." Alumni request that statements of repentance be made on school and mission websites, statements that acknowledge and accept responsibility for historical abuses, as well as more recent incidences. Similar press statements should also be sent to public media in Japan and home newspapers of all involved mission head-quarter communities. A *Religion News Service* correspondent contacted CAJ, Telios, involved missions and the alumni representative to prepare a story on the CAJ situation in 2019. The article was picked up by *Christianity Today* and other religious media. *Religion News* will undoubtedly want to hear from all parties at the close of this investigation. **Public repentance** will go far in bringing a measure of healing to survivors and encourage the school and founding missions to be proactive when abuse happens again. It is entirely possible for CAJ and the founding missions to create a new paradigm in which survivors will be respected and treated as human beings created in the image of God, rather than problems that need to be hidden to protect the Christian witness of CAJ and the missions.

#### Establishment of an independent fund/foundation for healing.

"Why dig up the past?" ask some, to which survivors respond, "The pain was never buried. It has been a festering wound since the school's earliest days." Other survivors have finally experienced affirmation from family members who now, because of this investigation, believe their reports of abuse. The investigation stirred up painful memories for survivors and family alike, and release of the final report will add more. But for many, acknowledgement of the past has been cathartic and from the catharsis they have hope of healing. (See *Addendum*)

Some survivors need urgent and specialized care today for injuries suffered long ago, as well as a broad spectrum of support and care for those who appear to function well but continue to unwittingly pass on the effects of trauma to their children and grandchildren.

Medical and mental health care for survivors is now most critical, especially with release of the public report. Re-traumatization is a concern both for those who participated in the investigation and those who were abused but have chosen to remain silent for a variety of reasons.

Some survivors have tried to access reimbursement for therapy put in place by Telios Law for those who participated in the interview process. But having to contact and deal with their parents' mission organizations to obtain treatment can become another trauma trigger. A centralized, independent process provided through a separate case manager is more appropriate.

As concerned alumni communicated with survivors during the investigation, they found it impossible to simply stand by awaiting action from the school and missions. Models of healing are being proactively researched and tested. Alumni are in discussions with renowned experts in the unique MK experience and proven therapy intervention for childhood trauma survivors. Equally valuable is expertise within the entire alumni group – mental health professionals, pastors, lawyers, educators, health care communicators and advocates.

Through these efforts, it has become clear that a significant fund, administered by an independent case manager, needs to be established to facilitate best practice models for a broad spectrum of survivor needs. This would include highly trained therapists who understand trauma and victimology, as well as the unique MK/Third Culture Kid experience; suitably trained retreat leaders, group moderators and organizers for in-person and online therapy groups; resource guides to providers and tools (books, websites etc.); and significant funding for therapy and possible institutionalization for some members who still suffer from extraordinary trauma.

Also abundantly clear is recognition that healing approaches must include both evangelical Christian and secular models of care. For many alumni survivors, responses based solely on a "Christian" perspective have no relevance and in fact *add* to their trauma.

"During the past two years being closely involved with survivors, I have loosely identified four basic spiritual journeys. Some continue to cling to the faith of their childhood, finding solace and security in not questioning the past and familial beliefs. Others have served God faithfully, experiencing crises of faith and more than one dark night of the soul. They have walked into a mature faith through much study and hard work. There are those who had to leave evangelical Christianity in order to gain a new perspective. For them, the search is ongoing, every step towards a semblance of belief conditioned by the reality that spiritual leaders can't necessarily be trusted. And others have walked away completely into different belief systems in which they find a measure of peace and comfort." – Alumni Survivor

#### Campus Memorial to say 'Never Again'

A commemorative monument on school property in memory of those who suffered abuse at CAJ would be a clear statement to everyone that the child/victim is more important than the school or mission reputation. It would serve as a profound reminder to staff of what can happen and move them towards **listening and giving credibility to a child's report of abuse**. Dedication of this monument could include encouragement and a message to students about the importance of speaking up and speaking out; that their safety is paramount. And it would be a tangible acknowledgement for survivors that their suffering is no longer ignored and relegated to the shadows of history but carries meaning.

#### CONCLUSION

Alumni remain hopeful that all of the above and more will be achieved through the actions of CAJ and the founding missions that supported the investigation. Alumni also encourage and are hopeful that SEND and OMS will participate as well. Deborah Rhoads and Brenda Seat, alumni representatives at the Review Panel meeting in May 2021, closed their presentation with the following message:

We want CAJ and the missions to focus on students' needs. We want children to be heard right away, listened to and protected so that they do not suffer needlessly. We want systems and structures where children are valued and supported, rather than systems the institutions create to make things easier, less messy or to be economical and efficient. We want structures in place so that children can get the help they need right away and healing can begin even before the scars form. We want Christian institutions to understand and act out the true meaning of Jesus saying, "Suffer the children to come unto me."

#### **ADDENDUM**

#### IN THEIR OWN WORDS - ALUMNI COMMENTS

Despite bitter experiences and memories, most alumni have expressed appreciation for the excellent education received at CAJ. Many attribute their ability to clearly and passionately express themselves in writing to lessons learned in the old milk barns. This is evidenced in just a few samples of the many reflections written over the past four years.

"For years I did not have a good sense of myself, a healthy self-image at all, and I believe that's a direct result of both feeling abandoned and being abused as a child at CAJ. For years I did not stand up for myself, or demand that my parents or others stand up for me. It led to my allowing more bad things to happen to me, to my body, my soul, my heart, again and again and again. Further damage for me, was the loss of an intrinsic belief in the comfort and goodness and power of God. When I was little, I believed in Jesus with all my little girl heart until the day a man of God put his hand up under my skirt and down my underpants. I stopped trusting in Jesus; I lost my faith in God. A deep tragedy, for sure, in an ocean of them. It has taken many, many years to be able to reconcile the unbelievable hypocrisy of people doing unchristian things in the names of God and Jesus, with the concept of a benevolent, guiding, accessible Power that is greater than myself. Children have a perfect bullshit compass, a friend recently pointed out, and to be abused by well-regarded Christians is hypocrisy at its worst. Author Christa Brown who exposed abuse in Southern Baptist communities says, 'Those abused in faith communities face an extra dimension of spiritual harm... it's a **soul-murdering kind of abuse**.' I could not have said it better."

"Abuse and neglect destroy a child's soul, their Self. They leave their parents, their siblings, their church, and their spiritual being in order to stop the pain, even if it means leaving some sources of love."

"How do we heal? We don't - not completely. It's like the loss of a loved one; over time it doesn't hurt as much, but it's always there. If I am hurting, I mentally and emotionally go to my "safe place" and stay there for a while (I learned this during my studies for accreditation as a Clinical Hypnotherapist). Healing is an ongoing process; it's a chronic process.

Telios interviews? For me they were a catharsis. But I also found several of my classmates reached out to me after I uploaded my experiences to the survivor group page. People who hadn't come forward, yet told me things that I didn't know about them. Mutually sharing such horrors with them brought on the catharsis. For them as well."

"Yes, the whole knowing you weren't alone part of it. The more we realize our shared pain/sorrow/horrors, the better able we are to carry them. When I read the "Sent" book I realized that there were hundreds of little MKs all over the world crying themselves to sleep in dorms every night, not just me. Somehow it brought comfort to the little child in me. I don't have the vocabulary to describe in psychological terms what I'm trying to say - but yeah, somehow knowing you weren't alone, even if it happened 50+ years ago, is comforting. . . . I would like to see (in addition to everything else) missions take a more active role in providing support to the missionaries. Maybe

they're doing a better job of it now . . . but back when this was happening in the 50's it seems missionaries were just sent off and then left to fend for themselves. For everything!"

"When it would be expected that a child's view of the world would mature as they grow older, it doesn't. Their social and emotional development is arrested at the age when the abuse occurred. They may learn appropriate social skills to interact with people in positions of authority and respect, but the core feelings created by abuse linger deep inside—sometimes even unconsciously. You can't say to someone who was abused as a child to "grow up" or "get over it" or "forgive your abuser" and your life will be better. Rarely does this happen. Instead, children grow into adults who carry that pain, doubt, anger, and lack of trust and faith with them into every life event. They often hide those feelings well. They begin to live life through a veil and have real difficulty with sincerity, with intimacy, and with grace: especially God's grace. It isn't really meant for them."

"More than once I've heard it said that children are **resilient**. According to Webster's dictionary, resilient means 'recovering readily from adversity, buoyant, springing back'. I don't think children bounce back from being harmed to their undamaged state readily if at all. I would use the term **adaptable**. Again, Webster's defines adaptable as 'able to adjust oneself to different conditions'. The harm is still done. Because in so many cases the harm was done in early childhood when the effects can influence one's entire life, every effort should be made to avoid harming children in the first place. I am 68 years old and still processing and recovering from the harm done to me starting when I was 6 years old.

For me it has been lifelong and encompassed many approaches. One of the most important aids for me has been discovering that I was far from alone in my experience. For years I thought my experience was almost unique. . . . There will be a range of what survivors want from the organizations. . . . The survivor should be offered options but not feel forced or compelled to participate. Much of the harm done was due to us not feeling any control over our situations. So, in supporting healing, the organizations should respect that the individual survivor is the one in control."

"In addition to the physical abuse and harm that was done to us there was and continues to be another harm that is just as devastating and harmful. I want to name it as the 'silencing' which occurred every time abuse was covered up, went unresolved or was ignored. Whether it was done by those in power when they were told of abuse and hushed it up or by ourselves because we did not think anyone would listen or when we told but no one listened, the silencing was an equally grave violation and harm that occurred.

Silencing is corrosive and eats away at a child's ability to feel agency, to feel that they matter and that they are empowered to protect themselves from others. The silencing of children either directly by saying their abuse did not happen, or excusing it by saying it was a mistake or misunderstanding, exacerbates and enlarges the initial injury by causing children to be unable to trust themselves or believe that they know when they have been abused, harmed or injured. Silencing makes suspect their very ability to judge right and wrong and to believe that they can determine the difference. . . . This is why so many of us have experienced such a catharsis when we realized we were not alone, that the abuse did occur, that it was violent and horrible and wrong. Until we found others who shared their own stories, we did not know if we could fully trust our own selves and trust that what happened to us was wrong. The silencing had taken that away as well."

"This morning, I started to read the very long and detailed Mamou Final Report [posted on Facebook regarding abuses at other mission schools] . . . In particular, one paragraph describing "general practices which were harmful to a majority of students" caught my sudden attention. It was written by an MK describing mandatory separation from parents at the beginning of each school year:

'The abandonment that we felt was profound. And it was made more so because it didn't occur just once in our childhood. Year after year we felt the ripping away of that tender cord. There was a progression of emotions that became familiar by its repetition year after year. We went from grieving the fresh loss at the beginning of the school year . . .'

And that was as far as I got before I began to sob. I am 67 years old and consider myself a reasonably stable professional individual. But that paragraph brought back a flood of bittersweet memories of every August: sweet for the end of summer and bitter for preparations to return to CAJ as a boarder.

As the CAJ board weighs the accounts of former students who incurred deep wounds at the hands of faculty members, it may be tempting to justify retreat from those stories as old news disconnected from the current administration. While it truly is old news, I know that the scars are still very fresh. . . . I humbly suggest that the victims of that behavior deserve an honest moral accounting for the past and assurances that CAJ will never provide a haven for that behavior in the future. . . . In that spirit, I'm enclosing a brief article from the March 10, 1982, issue of the New York Times. It describes an accident where a Japan Air Lines passenger jet crashed into Tokyo Bay as the result of a deliberate act by a suicidal pilot. Twenty-four people lost their lives. What struck me most was the account of JAL President Yasumoto Takagi 'visiting the families of most of the crash victims, apologizing profusely and paying homage on his knees before the Buddhist funeral altars in the homes of the bereaved.'

The article further describes how Japanese corporations are seen to bear moral as well as legal responsibility for calamities. This situation with CAJ arose on Japanese soil, primarily involving faculty members who were sent or volunteered to go to Japan to teach and minister to the kids of missionaries to Japan. It is my earnest hope that the CAJ board is willing to humbly learn and apply the lessons from JAL."

"So, I can't help but wonder if in her October article addressing CAJ's response to racism, head of School Anda Foxwell would be just as willing to write those same words replacing the word 'racism' with the word 'abuse', as in their sin of abuse? . . . 'We value truth at CAJ, even when telling the truth means exposing the evil that lies within us and within our history. The truth is that abuse is evil, and we denounce it. [Then quoting another source, Redeemer Church:] 'We repent of the ways that we as Christians have far too often failed to adequately stand against the evil of abuse and violence: diminishing its severity, averting our gazes, and even perpetuating such injustice deliberately or complicitly.' [This] would be an adequate opening to a thorough and heartfelt apology response from the school to CAJ Abuse Survivors. Perhaps it is that abuse, as with racism, began with precisely the same dehumanizing of a particular demographic (in this case innocent children). . . . Perhaps seeing it through the same lens as they are now ascribing racism, would be just as eye-opening to both faculty and mission boards?"

#### **FOOTNOTES**

<sup>&</sup>lt;sup>1</sup> Resonate Global Missions, Serve Globally, The Evangelical Alliance Mission, WorldVenture, SEND, OMS

<sup>&</sup>lt;sup>2</sup> At first Investigators' meeting, June 2019; May 2021 Review Panel meeting; inclusion of this Summary Statement in the final report.

<sup>&</sup>lt;sup>3</sup> SENT: Reflections on Missions, Boarding School and Childhood – Chefoo Reconsidered Book Committee, CIM/OMF schools

<sup>&</sup>lt;sup>4</sup> TOKYO AIR CRASH: WHY JAPANESE DO NOT SUE - The New York Times (nytimes.com)

<sup>&</sup>lt;sup>5</sup> https://caj.or.jp/news/rw/blog/files/fd6a3e3301fbabd9b4b4d3e875a5cc26-28.php

# WHEN CHILDREN MUST LEARN TO LIVE WITHOUT LOVE: COMPLEX TRAUMA AND RESPONSES

DR. R.P. ASCANO, THERESA L. SIDEBOTHAM, ESQ.

In investigations of historical abuse in boarding schools, individuals commonly express many permanent effects on their lives from the complex trauma of the boarding situation, abuse or both. These anecdotal accounts presented in investigations are well-supported by psychological research.

The title is not intended to express that all missionary kids or all children going to boarding school were unloved. It does express that for a percentage of these children, they did not have a sufficient perception that they were loved, or access to that love in a steady and secure way. Thus, regardless of what their families felt and believed, the children were affected. Abuse was more obviously damaging, but abuse was not required for a detrimental effect on the child.

Complex trauma sometimes resulted both for children who were abused and for children who experienced environmental factors leading to attachment issues. Some children were harmed intentionally by perpetrators. Some children were also harmed by negative environmental factors that were not created intentionally by the adults involved—but still caused harm. Complex trauma can lead to lasting consequences such as mental health disorders. While this summary is not intended as diagnostic or comprehensive, for some it may help to explain individual TCK responses to their situation and perhaps facilitate understanding and healing.

#### I. DEFINITION OF COMPLEX TRAUMA

Trauma is an emotional or psychological response to a terrible event in a person's life. Trauma is an event, or series of events, that causes significant stress and is typically marked by a sense of horror, helplessness, serious injury, or threat of death.<sup>1</sup> "Complex trauma" refers to childhood exposure to *multiple* traumatic events, usually invasive or interpersonal, which has wide-ranging and long-term effects.<sup>2</sup> These events can include abuse, witnessing violence,

and even psychological battering. These exposures usually "occur within the child's caregiving system and include physical, emotional, and educational neglect and child maltreatment beginning in early childhood." <sup>3</sup>

Complex trauma can cause a large array of cognitive and mood disturbances such as anxiety, depression, anger or aggression, low self-esteem, self-blame, hopelessness, and expectations of rejection. The symptoms of trauma can also include avoidance, denial, intrusive thoughts, numbness or hyper-arousal, or even a compulsion to repeat the trauma.

Additionally, complex trauma can cause difficulties in properly regulating emotions as well as difficulties with interpersonal relationships and substance abuse addiction. Some studies have found that complex trauma substantially interrupts an individual's spiritual well-being in a way that is different from traumatic events which are acute or situational.

# II. BOARDING SCHOOL AND ABUSE AS CAUSES OF COMPLEX TRAUMA

While it is generally understood that child abuse, particularly multiple events of abuse, can cause trauma, trauma can also be associated with the child's living situation, such as at boarding school.

#### A. Trauma Associated with Abuse

Sexual abuse is well-known to produce longterm trauma, and this type of traumatic stress is associated with alteration in brain structure.<sup>6</sup>

Harsh physical punishment can also produce depression and anxiety in children.<sup>7</sup> The child can experience less self-esteem or a sense of powerlessness.<sup>8</sup> Corporal punishment can even have detrimental effects on brain development, though the harshness, frequency, and the span of time over which the child is punished all have to be taken into consideration.<sup>9</sup>

While typically child abuse is conceived as sexual or physical, maltreatment can also include psychological battering, such as being bullied by peers or pervasively reprimanded by teachers or dorm parents. While this behavior would not normally be categorized as abuse unless it reached extreme levels, the children experiencing it can still be at risk of developing severe psychiatric problems. <sup>10</sup> In other words, an investigation might not be able to identify or corroborate behavior as abuse, because of the difficulties of establishing what happened and how severe the behavior was, especially after many years. But the harm to the child is not dependent on such definitions and should not be dismissed.

When the child felt that parents or other authority figures would not intervene, or worse yet in cases where the child was not believed, this would also have played into the secure attachment issues discussed here.

### B. Trauma Associated with Boarding School

A growing body of research has shown that sending children to boarding school can cause trauma. "A young child is sent away from home to live with strangers, and in the process loses their attachment figures and their home. They're exposed to prolonged separation. They may experience bullying and loss."<sup>11</sup>

"Boarding School Syndrome" is not a medically established syndrome, but a proposal by psychologists that there are common, identifiable behaviors and emotional states that follow boarding school students throughout their lives. <sup>12</sup> It is important to note that not all boarding school students suffer lasting psychological problems, but for many, the traumatic effects are real. Moreover, because it may not be socially acceptable for adults to complain when they have received a high level of education and are often economically successfully as a result of attending boarding school, the psychological effects can remain hidden. <sup>13</sup>

"The psychological impact of boarding school on the developing child affects the core of the personality." A sudden loss of early attachment figures leaves children vulnerable and in need of protection. Additionally, the breaking of the familial relationships could result in a distrust of loving relationships. In a way, the children "must learn to live without love."

The dorm environment, where children were living apart from their parents, and even siblings

were separated, could also have contributed to disorders such as anxious-ambivalent attachment syndrome. This could easily lead to some degree of trauma even for children who were never abused.

### III. POSSIBLE MANIFESTATIONS OF COMPLEX TRAUMA

Complex trauma can have multiple effects in a person's life. A few of these are discussed here.

#### A. Reactive Attachment Disorders

Children who suffer trauma, especially in the context of loss of secure attachment to the family, are likely to develop various attachment problems.<sup>17</sup> For example, disorganized attachment is associated with a number of developmental problems including dissociative symptoms,<sup>18</sup> depression, anxiety, and acting out. Children who receive love from the parents sometimes and not at others may develop anxious-ambivalent attachment, where they are afraid of rejection and may go to extremes to try to get attention. Children going through a cycle of returning to the family and then being sent away again would be likely candidates for this type of attachment disorder.

Children with insecure attachment patterns have trouble relying on others to help them and are unable to regulate their emotional states by themselves. As a result, they experience excessive anxiety, anger, and longings to be taken care of and may act in a passive-aggressive way to get what they need. These feelings could become so extreme as to precipitate dissociative states or self-defeating aggression such as self-harm.<sup>20</sup>

#### **B. Post Traumatic Stress Disorder**

It is well established that those who experience trauma can experience post traumatic stress disorder (PTSD), depending in part on how the event is thought about or given meaning, or their own appraisal of the trauma.<sup>21</sup> One form of trauma appraisal is determined by a sense of alienation, or feeling disconnected from the self and others. A sense of alienation can influence negatively the link between the traumatic experiences and subsequent PTSD symptoms.<sup>22</sup> The link between alienation and post traumatic stress symptoms also shows up in survivors of child abuse.<sup>23</sup> The implication is that when the victim of the trauma experiences alienation, the likely long-term effect of the trauma is worse.

Correlation to PTSD, dissociation, and depression is higher.<sup>24</sup>

This makes it likely that children who were already struggling with attachment issues with the family were less equipped to be resilient when faced with abuse trauma and more likely to suffer long-term consequences from the abuse.

#### C. Aggressive Responses to Trauma

Children suffering from the aftermath of complex trauma may show aggressive behavior and even reactive rages.<sup>25</sup> Children who react by being aggressive may not be "callous and unemotional" (i.e. psychopathic) but trying to defend themselves from their past complex trauma.<sup>26</sup>

If not adequately addressed, aggression can manifest as assault or destructive acts that may have significant negative effects on the person's life.

#### D. Depression and Substance Abuse

Complex trauma may also manifest in depression and substance abuse.<sup>27</sup>

#### E. Trauma, Suicide, and Self-Harm

One of the most serious consequences of child abuse is an increase in suicidal behavior. Even short of suicide, there may be self-injury such as cutting as a mechanism to relieve stress and feelings the person cannot cope with. 29

### IV. TREATMENT OF COMPLEX TRAUMA

With more understanding of complex trauma and related disorders such as PTSD, new treatment programs and even self-help methods are available. A useful feature of these methods is that they are time-limited. Relief may be found in a matter of a few sessions rather than years. Survivors of complex trauma also sometimes find relief in a given time frame with therapy but still may need to revisit issues again at different points in their life. While these treatment methods are not exhaustive, and would not all be appropriate for everyone, they present something to consider.

#### A. Progress Muscle Relaxation

Relaxation therapies, including progressive muscle relaxation, are part of cognitivebehavior therapies for PTSD, as they reduce the hyperarousal associated with it.<sup>30</sup> Integrating mindfulness has shown promising results.<sup>31</sup>

#### B. Therapeutic Breathing

Specific breathing practices can reduce symptoms of complex trauma, like stress, anxiety, depression, and obsessive-compulsive disorder.<sup>32</sup>

#### C. Accelerated Resolution Therapy

ART is a form of eye movement therapy similar to EMDR, but lasts for a brief treatment period such as several weeks. It is designed to minimize traumatic memories and replace distressing images with favorable ones. It appears to be safe and effective as well as fast.<sup>33</sup>

#### D. Hypnosis

A relatively new approach to hypnotherapy, along with cognitive behavioral therapy, has been found helpful in treating acute stress disorders.<sup>34</sup> This is typically a very brief treatment, such as a single session.<sup>35</sup>

#### E. Somatic Experience

Somatic Experience (SE) focuses on resolving symptoms of chronic stress and post-traumatic stress. Rather than a cognitive approach, it involves directing the client's attention to internal physical sensations of the body, both visceral and musculo-skeletal. It is an internal awareness approach.<sup>36</sup> It can be especially helpful when there are psychogenic physical symptoms.

#### F. Exercise

Studies indicated significant reductions in PTSD, anxiety, and depression after the person began a program of aerobic exercise intervention.<sup>37</sup> Aerobic exercise can have a positive impact alone or supplementing standard treatment.<sup>38</sup> Exercise causes significant mood improvement<sup>39</sup> and can reduce PTSD symptom severity.<sup>40</sup>

### V. SPIRITUALITY IN THE TREATMENT OF COMPLEX TRAUMA

In the context of missionary boarding schools, the religious beliefs of the adult TCK may have an impact on processing experiences, positively or negatively. Whether or not the TCK retains a faith belief, religion enters the equation. There is a growing body of literature on spirituality and coping with trauma.<sup>41</sup>

#### A. Religion and Coping with Trauma

Complex trauma significantly disrupts the spiritual well-being of individuals as well as harming them in other ways. <sup>42</sup> Sexual abuse, for instance, can create a negative image of God as being cruel, uncaring, and punishing. <sup>43</sup>

However, religious function can be helpful and healing. "One important way trauma disrupts emotional, psychological, and personality processes is by shattering assumptions about safety, power/control, self, and the world." Religion can play a role in rebuilding these assumptions.

Positive aspects of religion involve social support and the improvement in one's perception of the meaning, purpose, and direction of life. Additionally, religious involvement encourages providing spiritual support to others, seeking spiritual support from others, using God as a partner in problem solving, using religion as a distraction, and deliberately adhering to the standards of behavior expected by the religion. Some positive coping mechanisms of prayer are the act of constantly searching for help, seeking ways to improve one's capacity to accept the stressor, seeking help to improve other coping efforts, and avoiding the stressors. 47

However, for some people, traumatic life experiences undermine the idea of an all powerful and loving God. Negative aspects of religious belief and trauma include personal conflicts with God, a feeling that one's faith has failed them, feeling ashamed or guilty, or fearing condemnation (hell). Those who have difficulty resolving anger toward God or feel alienated by God reported higher levels of anxiety, depression, and anger. 48 Negative religious coping strategies include a feeling of dissatisfaction with God, passively waiting for God to fix the problem, feeling dissatisfied with members of the faith including clergy, redefining God as less than omnipotent, and believing the trauma and suffering is God's punishment.4

Positive feelings toward religion and God and engaging in religion positively have been found to promote healing, but, surprisingly, negative feelings toward religion and God because of traumatic experiences have been found to be *unrelated* to one's ability to cope and heal.<sup>50</sup>

#### B. Religion in the Healing Process

Religion could play a significant role in the healing process of someone who has experienced complex trauma after years of boarding school—even if that person feels alienated from God. For instance, because many who suffer from

complex trauma often feel a sense of hopelessness, religion and spiritual guidance might lead to a renewed sense of purpose and hope about one's life. Most religions impose high standards of moral behavior, which may help some victims refuse to resort to substance abuse or learn to withhold angry and aggressive impulses. And because attachment disorders can cause some individuals to experience difficulties with interpersonal relationships, positive religious involvement might promote interpersonal growth by creating close social relationships with empathetic and accepting faith members which might also improve one's trust in loving relationships. Lastly, prayer and involvement in Church activities, including sharing one's traumatic experiences with others who have had similar life experiences, may help victims avoid or process anxiety, depression and feelings of low selfesteem and feel a restored sense of purpose and belonging.

#### VI. CONCLUSION

Both child abuse and other detrimental child-hood experiences such as the separation of boarding school can cause childhood trauma. Understanding how this happens may facilitate steps toward treating and healing the trauma. For some, religion will be helpful in coping and healing, and for others, their view of religion has become too negative and cannot be part of the process. However, other treatment options exist as well.

#### **FOOTNOTES**

- <sup>1</sup> Centers for Disease Control, Department of Health and Human Services, USA, *Coping with a Traumatic Event*, https://www.cdc.gov/masstrauma/factsheets/public/coping.pdf (last visited October 18, 2021).
- <sup>2</sup> The National Child Traumatic Stress Network, *Complex Trauma*, https://www.nctsn.org/what-is-child-trauma/trauma-types/complex-trauma (last visited October 18, 2021).
- <sup>3</sup> Bessel A. Van der Kolk, MD, *Developmental Trauma Disorder. A new, rational diagnosis for children with complex trauma histories*, Psychiatric Annals, 00:0 Month 200X.
- <sup>4</sup> John Briere & Joseph Spinazzola, *Assessment of the Sequelae of Complex Trauma. Evidence-Based Measures*, Treating Complex Traumatic Stress Disorders, an Evidence-Based Guide, the Guilford Press, 2009, at 106.
- <sup>5</sup> Peter Levine, *Healing trauma* (Sounds True, Inc. 2005); Barbara Wainrib, *Healing crisis and trauma with mind, body, and spirit* (Springer Publishing 2006); John p. Wilson et al, *Treating psychological trauma and PTSD* (Guilford Press 2001).
- <sup>6</sup> (Reduced Prefrontal Cortical Gray Matter Volume in Young Adults Exposed to Harsh Corporal Punishment. Akemi Tomoda, Hanako Suzuki, Keren Rabi, Yi-Shin Sheu, Ann Polcari, and Martin H. Teicher, Neuroimage. 2009, 47(Suppl 2): T66-T71)
- <sup>7</sup> Christina M. Rodriguez, *Parental discipline and abuse potential effects on child depression, anxiety, and attributions.* 65 No. 4 Journal of Marriage and Family 809, 809; Michele Knox et al., *History Postpartum Depression and the Odds of Maternal Corporal Punishment.* 33 No. 4 Families Systems Health 395 (2015).
- <sup>8</sup> Murray A. Straus, *The Primordial Violence: Corporal Punishment by Parents, Cognitive Development, and Crime* (Walnut Creek CA: Altamira Press 2003).
- <sup>9</sup> Akemi Tomoda et al., *Reduced Prefrontal Cortical Gray Matter Volume in Young Adults Exposed to Harsh Corporal Punishment*, 47(Suppl 2) Neuroimage T66 (2009).
- <sup>10</sup> Lisa Gauthier et al., *Recall of childhood neglect and physical abuse as differential predictors of current psychological functioning*, 20 Child Abuse and Neglect 549, page # (1996).
- <sup>11</sup> Brighton Therapy Partnership, *The Long-Term Impact of Boarding School* (June 6, 2016), Brightontherapypartnership.org.uk/impact-of-boarding-school.
- $^{12}$  Id
- <sup>13</sup> Joy Schaverien, *Boarding School: the trauma of the 'privileged' child*, 49 UK Journal of Anayltical Psychology 683, 685-86 (2004).
- <sup>14</sup> *Id.* at 686.
- <sup>15</sup> *Id.* at 686-687.
- <sup>16</sup> Brighton Therapy Partnership, supra note 11; see also id.
- <sup>17</sup> Mark Greenberg, 1999, *Attachment and psychopathology in childhood* 469-496 (Jude Cassidy & Phillip Shaver Eds., Handbook of Attachment 1999).
- <sup>18</sup> (Elizabeth A. Carlson, *A prospective longitudinal study of disorganized/disoriented attachment,* 69 Child Development 1107 (1988).
- <sup>19</sup> Karlen Lyons-Ruth, *Attachment among children with aggressive behavior problems: The role of disorganized early attachment patterns*, 64 No. 1 Journal of Consulting and Clinical Psychology 64 (1996).

- <sup>20</sup> To understand the different types of attachment disorder, see R.P. Ascano & S.L. Ascano, *Spiritual Adoption: The Path to spiritual maturity* (WestBow Press 2016).
- <sup>21</sup> Rachel Mcllveen et al., A Meta-Analytic Review of the Association Between Alienation Appraisals and Posttraumatic Stress Disorder Symptoms in Trauma-Exposed Adults, 33 No. 5 Journal of Traumatic Stress. 720, page # (2020).
- <sup>22</sup> Id.
- <sup>23</sup> Rachel McIlveen et al., *Exploring the Relationship Between Alienation Appraisals, Trauma, Posttraumatic Stress and Depression.* Psychological Trauma: Theory, Research, Practice, and Policy (advance online, November 2019).
- <sup>24</sup> Id.
- <sup>25</sup> Barry Zakireh et al., *Individual beliefs, Attitudes, and Victimization Histories of Male Juvenile Sexual Offenders*, 20 Sexual Abuse: Journal of Research and Treatment 323 (2008).
- <sup>26</sup> Julian D. Ford et al., *Pathway from traumatic child victimization to delinquency: Implications for-Juvenile and Permanency Court Proceedings and Decisions*, 57 Juvenile and Family Court Journal 13 (2006).
- <sup>27</sup> Julian D. Ford et al., *Poly-victimization and Risk of Posttraumatic, Depressive, and Substance use Disorder and Involvement in Delinquency in a National Sample of Adolescents*, 46 Journal of Adolescent Health 545 (2010).
- <sup>28</sup> Maurizio Pompili et al., *Suicide risk and personality traits in physically and/or sexually abused acute psychiatric inpatients: A preliminary study*, 105 Psychological Reports 554 (2009).
- <sup>29</sup> Karen Conterio et al., *Bodily harm: The breakthrough Healing Program for Self-Injurers* 29 (New York, NY: Hyperion 1998).
- <sup>30</sup> Steven Taylor et al., *Comparative Efficacy, Speed, and Adverse Effects of Three PTSD Treatments: Exposure Therapy, EMDR, and Relaxation Training, 71* No. 2 Journal of Consulting and Clinical Psychology 330 (2003).
- <sup>31</sup> Dev. Roychowdhury, *Mindfulness-Based CBT for Treatment of PTSD*, 7 No. 2 Journal of Psychology & Clinical Psychiatry 00429 (2017).
- <sup>32</sup> Richard P. Brown et al., *Breathing Practices for Treatment of Psychiatric and Stress-Related Medical Conditions*, 36 No. 1 Psychiatric Clinics of North America 121-140 (2013).
- <sup>33</sup> Kevin E. Kip et al., *Brief Treatment of Symptoms of Post Traumatic Stress Disorder (PTSD) by Use of Accelerated Resolution Therapy (ART®)*, 2 *Behavioral Science* 115 (2012).
- <sup>34</sup> Eitan G. Abramowitz et al., *Hypnotherapy in the treatment of chronic combat-related PTSD patients suffering from insomnia: a randomized zolpiderm-controlled clinical trial,* 56 No. 3 International Journal of Clinical and Experimental Hypnosis 270 (2008).
- <sup>35</sup> Arreed Barabasz et al., *Efficacy of single-session abreactive ego-state therapy for combat stress injury, PTSD, and ASD*, 61 International Journal of Clinical and Experimental Hypnosis 1 (2012).
- <sup>36</sup> In an Unspoken Voice: How The Body Releases Trauma and Restores Goodness. Berkeley, CA: North Atlantic Books; Levine, P. A. (1997). Waking The Tiger: Healing Trauma: The Innate Capacity to Transform Overwhelming Experiences. Berkeley, CA: North Atlantic Books)
- <sup>37</sup> Theresa A. Manger & Robert W. Motta, *The impact of an exercise program on posttraumatic stress disorder, anxiety, and depression,* 7 International Journal of Emergency Mental Health 49-57 (2005); Caren L. Newman & Robert W. Motta, *The effects of aerobic exercise on childhood PTSD, anxiety, and depression,* 9 No. 2 International Journal of Emergency Mental Health 133-58 (2007).
- <sup>38</sup> Nicole J. Hegberg et al., Exercise intervention in PTSD: A narrative review and rationale for

implementation, 10 Frontiers in Psychiatry Article 133 (2019).

- <sup>39</sup> Crombie, K. et al, *Psychobiological responses to aerobic exercise in individuals with posttraumatic stress disorder*, 31 No. 1 Journal of Traumatic Stress 134-145 (2018).
- <sup>40</sup> Lauren M. Oppizzi & Reba Umberger, *The Effect of Physical Activity on PTSD*, 39 No. 2 Issues in Mental Health Nursing 179-187 (2018)
- <sup>41</sup> Hagar ter Kuile & Thomas Ehring, *Predictors of changes in religiosity after trauma: Trauma, religiosity, and posttraumatic stress disorder*, 6 No. 4 Psychological Trauma: Theory, Practice, and Policy 353-360 (2014).
- <sup>42</sup> Roger D. Fallot & Jennifer P. Heckman, *Religious/spiritual coping among women trauma survivors with mental health and substance use disorders*, 32 No. 2 Journal of Behavioral Health Services and Research 215–266 (2005).
- <sup>43</sup> Annie Imbens & Ineke Jonker, Christianity and incest, Augsburg Fortress Publishing (1992).
- <sup>44</sup> J. Irene Harris et al., *Christian Religious Functioning and Trauma Outcomes*, 64 No. 1 Journal of Clinical Psychology 17-29, 18 (Wiley Periodicals, Inc., 2007.) (2008).
- <sup>45</sup> *ld* at 19
- <sup>46</sup> *ld.* at 18-19.
- <sup>47</sup> *Id.* at 19.
- <sup>48</sup> *Id.*
- <sup>49</sup> *Id.*
- <sup>50</sup> *Id.* at 26.